1904

Dodd's

Almanac

PUBLISHED BY

THE DODDS MEDICINE COMPANY

LONDON.

TORONTO, CANADA. AND AT BUFFALO, N.Y.

1904.

Dominical Letters	C.B.	Solar Cycle	5
Epact	13	Roman Indication	2
Lunar Cycle or Golden Number	V.	Julian Period	6617

The Year 5665 of the Jewish Era commences at Sunset on September 10th, 1904.
The Year 1322 of the Mohammedan Era, or Era of the Hegira begins on March 18th, 1904.
The 4th Year of King Edward VII.'s reign begins on January 22nd, 1904.
The first day of January, 1904, is the 2,416,117th day since the commencement of the Julian period.

FESTIVALS, ANNIVERSARIES, ETC.

New Year's Day	Jan. 1	Palm Sunday	Mar. 27	Birth of Prince of Wales ..	June 3
Epiphany	Jan. 6	Good Friday	Apr. 1	St. John Bapt. Midsum'er	June 24
Access. of K. Edward VII.	Jan. 22	Easter Sunday	Apr. 3	Bank Holiday	Aug. 1
Septuagesima Sunday ..	Feb. 7	Low Sunday	Apr. 10	St. Michael, Michaelmas	Sep. 29
Quinquagesima, Shrove Su.	Feb. 14	St. George	Apr. 23	Birth of King Edward VII.	Nov. 9
Ash Wednesday	Feb. 17	Rogation Sunday	May 8	First Sunday in Advent ..	Nov. 27
Quadragesima, 1st S. Lent	Feb. 21	Ascension Day, Holy Thur.	May 12	St. Andrew	Nov. 30
St. David	Mar. 1	Pentecost, Whit Sunday	May 22	Birth of Queen Alexandra	Dec. 1
St. Patrick	Mar. 17	Trinity Sunday	May 29	St. Thomas	Dec. 21
Annunciation, Lady Day	Mar 25	Corpus Christi	June 2	Christmas Day	Dec. 25

WELLCOME INSTITUTE LIBRARY
Coll.
No. 1904 WB 330 Pam D63d
22500456798

SEASONS.

Sun enters Aries, 21st March, 1904, at 0.59 a.m. Spring begins.
Sun enters Cancer, 21st June, 1904, at 8.51 p.m. Summer begins.
Sun enters Libra, 23rd September, 1904, at 11.40 a.m. Autumn begins.
Sun enters Capricorn, 23rd December, 1904, at 0.20 a.m. Winter begins.

ECLIPSES.

.—An annular eclipse of the Sun, March 27th, invisible in the United Kingdom.
.—A total eclipse of the Sun, September 9th, invisible in the United Kingdom.
There will be no total eclipse of the Moon in 1904.

MORNING AND EVENING STARS.

SATURN is an evening star till the end of January, then a morning star till the 10th August, and an evening star for the rest of year.

JUPITER is an evening star till the 25th March, a morning star till the 17th October, then an evening star.

MARS is an evening star till the end of May, then a morning star.

VENUS is a morning star till the end of June, then an evening star.

The satellites of JUPITER may be best seen during September, October and November.

DODD'S KIDNEY PILLS.

WHAT THEY ARE.

Dodd's Kidney Pills are a purely vegetable Kidney Remedy.

Dodd's Kidney Pills are made for one purpose only—to make and keep the Kidneys well.

Dodd's Kidney Pills are the safest, surest, and most perfect remedy for all disorders of the Kidneys and all results of faulty Kidney action.

Dodd's Kidney Pills act directly and curatively on the Kidneys without in the slightest degree affecting any other organ of the body.

Dodd's Kidney Pills contain no opium, mercury, or mineral ingredient and may always be taken with perfect safety by the youngest child or the most delicate invalid.

Dodd's Kidney Pills cure the sick, but they do more, they make the body strong and well enough to resist the attacks of any disease.

Dodd's Kidney Pills remove the cause of disease and the effect disappears never to return.

Dodd's Kidney Pills are the best family medicine ever compounded.

Dodd's Kidney Pills are a remedy that cures to stay cured.

Dodd's Kidney Pills are the only remedy that ever cured Bright's Disease.

Dodd's Kidney Pills are the best medicine for children.

Dodd's Kidney Pills are the only remedy that always expels uric acid from the system, thereby preventing and curing Rheumatism, Sciatica, Lumbago, and all results of uric acid poison in the blood.

Dodd's Kidney Pills are the best medicine for growing girls.

Dodd's Kidney Pills are Weak Woman's surest and best friend.

Dodd's Kidney Pills are an unfailing support to the aged. Thousands of old men and women are alive and well to-day who ascribe their long life and unusual vigour solely to Dodd's Kidney Pills.

Dodd's Kidney Pills are the original Kidney Pills—the first Kidney Pills; all others are imitations.

Dodd's Kidney Pills are a most popular medicine, and the more people know of them the more does this popularity increase.

Dodd's Kidney Pills have an unbroken record of success.

WHAT THEY CURE.

Kidney Trouble.
Backache.
Rheumatism.
Sciatica.
Lumbago.
Neuralgia.
Pains in the Loins.
Pains under the shoulder-blades.
Headache.
Loss of flesh.
Female Weakness.
Bearing down pains.
Painful menstruation.
Tired feeling (a sure indication of Kidney Trouble).
Nervous Troubles of all kinds.
Urinary Troubles.
Inability to retain urine.
Too frequent calls to urinate.
Bladder Trouble.
Dropsy (any stage).
Heart Trouble (almost always the result of bad Kidney action).
Diabetes (any stage).
Bright's Disease (any stage).
Gravel.
Stone in the Bladder.
Impure Blood.
Malaria.
Catarrh.
Boils and Pimples.
"Run down" feeling (absolutely the only cause of this condition is defective Kidney action and the only way to build up again is to strengthen the Kidneys).
Influenza—(Caused by the action of a disease germ which cannot remain in the system when the Kidneys are doing their duty properly).
General Debility—(in young or old).
"Breaking Down" (a complication of conditions often complained of, and due entirely to Kidney failure).
Complaints of old people—(almost always the result of worn out and weak Kidneys).

Dodd's Kidney Pills are 2s. 9d. a box, 6 boxes for 13s. 9d.

Dodd's Kidney Pills are the cheapest medicine because they always cure.

For sale by all Chemists and Drug Stores, or post free on receipt of price by

THE DODDS MEDICINE CO.,
23, Farringdon Avenue, London, E.C.

Rules for Self-Examination.

ARE YOUR KIDNEYS AFFECTED?

ASK yourself the following questions. Answer truthfully, for your future health and happiness, perhaps your life, depends on your honesty to yourself in this matter. Many have found out to their dismay that they have had Kidney disease only when asked just such questions in an examination for life insurance. If you have to answer "Yes" to any of these questions you are in danger. If your answer to two or more of them be "Yes," you are in great danger and should act promptly.

Have you backache?
Do you feel drowsy?
Do your limbs feel heavy?
Do you have scanty flow of urine?
Do you suffer from unusual thirst?
Does your water appear thick or milky?
Do you have frequent severe headaches?
Do you ever have cramps in the muscles and limbs?
Have you been losing weight and strength rapidly?
Have you uneasiness or pains occasionally in the loins?
Do you pass water too frequently either during the day or night?
Have you failing or indistinct vision, with flashes of light or floating specks?
Does your perspiration or urine have a bad and disagreeable odour?
Do you have deposits of sand, gravel, brick-dust, or white mucous in the urine?
Have you dark red or blood-coloured urine, which scalds in passing, or do you notice shreds in it?
Have you dark circles around the eyes, puffiness under the eyes, or bloated appearance of the face in the morning?
Are you irritable?
Is your sleep broken?
Have you dizzy feeling?
Have you shortness of breath?
Are you greatly depressed in spirits?
Do you suffer from nausea after eating?
Do you find it difficult to remember things?
Have you tender spots in the back over the spine?
Do you get tired and nervous after ordinary exertion?
Do you start in your sleep, have bad dreams, or nightmare?
Has your skin a dry or harsh feeling, and does it itch and burn at night?
Do you have bad or bitter taste in the mouth, especially in the morning?
Do you have attacks of rheumatism, stiffness of the joints, neuralgia, lumbago, or sciatica?
Have you pressure or sharp pain in the top of the head, with difficulty in collecting your thoughts?
Do you have a tired feeling in the region of the kidneys, with a dragging, heavy feeling across the loins?

TEST.—Fill a bottle or glass with the first urine passed in the morning. Let it stand till the following day. If it then appears cloudy or stringy, or a sediment is formed, you may be sure your Kidneys are diseased.

There is danger in delay. Don't lose a moment. There is only one remedy which has never failed. **DODD'S KIDNEY PILLS** will cure any case of Kidney Disease no matter of how long standing.

Price 2/9 per box, or six boxes for 13/9. Of all Chemists and Drug Stores or sent direct, post free, on receipt of price by The Dodds Medicine Co., 23, Farringdon Avenue, London, E.C.

CAUTION.—Beware of Imitations. Accept only the Genuine.

D-O-D-D-'S. Picture of box on back of cover.

HOW DISEASE BEGINS.

WHETHER by germ, microbe, bacillus, contagion, or infection, no matter how disease enters the body, the fact remains that the seeds of illness do get in and, if not thrown out, do their awful work of havoc and destruction, causing sickness, suffering, and death.

How do these seeds enter the body?

Either in the air we breathe, the water we drink, or the food we eat.

What has nature done to protect us from these enemies?

Nature has given us eyes to detect impurities in our food and drink. Everything we eat or drink must pass right under our eyes for inspection before entering the body.

Nature has given us a nose whose sense of smell is a further safeguard. Foulness and impurities which might escape the eye may be detected by the ever ready nose, right under which everything taken into the mouth must pass.

The nose is also provided with an air filter which will arrest impurities before they can pass into the lungs (we should do all our breathing through the nose), and which also warms the cold air before it goes into the delicate membranes of the throat and lungs.

Nature has given us a sense of taste, by which anything whose impurities may have escaped the vigilance of the eyes and nose, may be detected and rejected before it is too late.

Nature has, therefore, done everything possible to prevent our taking into our bodies that which is not good.

But she has done more.

In addition to the safeguards at the entrance to the body she has added a means of expelling any enemies that may have stolen in.

Nature, foreseeing the possibility of attack from within as well as without, has furnished every human body with a never failing trap with which to catch, destroy and expel every foe to health—the Kidneys.

The Kidneys.

These are Nature's Health Defenders. The Kidneys are the strainers through which the blood passes for purification. If they are well they will separate everything bad and send it out through the bladder and urinary organs.

The seeds of disease may enter, but they cannot remain long enough to get a foothold in the system if the Kidneys are well. Examine yourself (see page 2) and if you find traces of Kidney Trouble use Dodd's Kidney Pills at once.

UNFAILING SIGNALS.

Good health always shows itself in many ways. The clear eye, the steady hand, red cheek, buoyant step, clear, quick brain, and smiling face show the healthy body. To the happy possessor of good health sleep comes naturally, and is refreshing and restful. Work is easy and enjoyable, and despondency is unknown.

The absence of any of these signs means that in some way health is being undermined. There are many who don't know quite what is the matter with them. They are not ill, but they are not well. They cannot explain it, but they are *not feeling just right.* This is a warning. Heed the warning. There is no third condition possible. If you are not well you are ill. If you do not enjoy the unmistakable signs of good health something is wrong, and in ninety-nine cases out of a hundred it is the kidneys that are the first to fail.

Try a course of Dodd's Kidney Pills and see how quickly the signs of good health return.

BRIGHT'S DISEASE.

YOU may not have Bright's Disease, but many thousands of people die every year from this complaint, and six months before the grave closed over them, many of them were just as positive that they had no Bright's Disease as you are to-day.

This fancied security and lack of painful symptoms while this monster is slowly but surely eating away life, is its most dangerous feature. Be warned before it is too late.

SYMPTOMS.

The most frequent of the early symptoms are:

Loss of flesh, dry, hot skin, fits of depression, shortness of breath, changeable appetite, loss of sexual power, sleeplessness, continual nervousness, soreness of the bowels, puffiness under the eyes, headache and neuralgia, pains in the region of the heart, chills and fever, especially at night, constipation, with occasional diarrhœa, swelling of the legs and abdomen, cramps in the muscles of the legs, failure of strength, with paleness of the face, great decrease in quantity of urine passed, albumen in the urine, shown by chemical tests, dropsy, beginning at the ankles and extending upwards, pains or burning sensations in the loins or in the small of the back, inability to fix the attention on one's work, dark coloured urine, that scalds while passing, and which shows a deposit or is covered with a greasy scum after it has stood for a time.

You may not have all these symptoms at one time, but any one of them is enough to warn you that your Kidneys are in the way that leads to death.

If your Kidneys are affected in the slightest degree you may have incipient Bright's Disease. Don't wait for the appearance of any of these symptoms. There is only one way to be sure, and that is to be certain that your Kidneys are all right. If they are, you need not fear. Examine them and test your urine. (See page 2.)

Bright's Disease is Kidney disease in its very worst form, its final stages. Dodd's Kidney Pills are the only remedy that has ever cured Bright's Disease.

It has always been regarded as incurable. Doctors cannot cure it. They admit their inability to do so, and yet Dodd's Kidney Pills always cure it. Never till the introduction of this remedy had anything succeeded in defeating this monster of death, and never since has a case been reported of anyone who used Dodd's Kidney Pills and died of Bright's Disease.

The most serious cases, when life has been almost gone, when physicians have positively declared that no earthly power could save, and when death was hourly expected, have been cured permanently and completely by Dodd's Kidney Pills.

The case of Mr. Sumpster on the opposite page illustrates the truth of this.

A CASE IN PROOF.

My Kidneys were bad for a long time—quite three years, I should think. I suffered from palpitation of the heart, hot, dry skin, my body seemed to burn at times, and at others I would feel cold and chilly. At first I did not know what was the matter with me, at last I found I was suffering from Bright's Disease. This worried me very much, and though I tried many remedies I did not seem to get any better. But one day a neighbour of mine who knew the virtues of Dodd's Kidney Pills, strongly recommended me to try them. I did so, and after a few doses I began to feel relieved. I knew then that I had found the right medicine. I gave up all others, and kept on taking Dodd's Kidney Pills till they cured me, and now I am well and strong, free from all pain, and it is entirely due to Dodd's Kidney Pills.

(Sgd.) MRS. E. A. JENKIN,
Conner Downs, Nr. Hayle, Cornwall.

1st Month. **JANUARY.** 31 Days.

MOON'S PHASES.

Full Moon ... ... 3rd, 5h. 47m. morn.
Last Quarter ... 9th, 9h. 10m. after.
New Moon ... .. 17th, 3h. 47m. after.
First Quarter ... 25th, 8h. 41m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	
			H	M
1	F	Austr. Com'w'th. inaug., 1901	R 8	8
2	S	Calcutta taken, 1757	S 4	1
3	S	*2nd Sunday after Christmas*	R 8	8
4	M	Sir Isaac Newton died, 1727	S 4	3
5	Tu	Wreck of S S. *Ibex*, 1901	R 8	7
6	W	*Epiphany*	S 4	5
7	Th	Earl Kimberley born, 1826	R 8	6
8	F	Duke of Clarence born, 1864	S 4	8
9	S	Napoleon III. died, 1873	R 8	5
10	S	*1st Sunday after Epiphany*	S 4	11
11	M	Hilary Law Sittings begin	R 8	4
12	Tu	Earl of Crewe born, 1858	S 4	13
13	W	Ld. Balfour of Burleigh b., '49	R 8	2
14	Th	Marquis of Lansdowne, b., '45	S 4	16
15	F	British Museum opened, 1759	R 8	1
16	S	Battle of Corunna, 1809	S 4	19
17	S	*2nd Sunday after Epiphany*	R 8	0
18	M	German Empire proc'l'd., 1871	S 4	23
19	Tu	Aden captured, 1839	R 7	57
20	W	John Ruskin died, 1900	S 4	27
21	Th	King of Sweden born, 1829	R 7	55
22	F	Queen Victoria died, 1901	S 4	29
23	S	[Edward VII. proc. King, '01	R 7	53
24	S	*3rd Sunday after Epiphany*	S 4	33
25	M	Lord Leighton died, 1896	R 7	50
26	Tu	General Gordon killed, 1885	S 4	36
27	W	German Emperor born, 1859	R 7	48
28	Th	Sir H. M. Stanley born, 1841	S 4	40
29	F	Victoria Cross instituted, '56	R 7	45
30	S	[C. H. Spurgeon, died, 1892	S 4	44
31	S	*Septuagesima Sunday*	R 7	42

What the Cures Teach.

In this book are given particulars of cures of Bright's Disease, Diabetes, and other advanced forms of Kidney Disease. Your Kidney Troubles may be just beginning, and you may not feel that you need medicine, because you have not any of these very serious complaints. But if Dodd's Kidney Pills will cure the most advanced and deeply rooted Kidney Diseases, how much more readily will they cure Kidney Disease taken in time. Prevention is better than cure. Don't wait. Use Dodd's Kidney Pills now.

MR. C. SUMPSTER,

Phœnix Green, Winchfield, Hants.

Mr. Sumpster suffered from Bright's Disease for three years. His doctors gave him up. They told him that all their medicine could never cure him. "You must go into the hospital," they said, "and perhaps, with the greatest care, you may live through the winter. This is the best advice we can give you."

He says: "I was nearly giving up, I felt miserable and depressed, and I saw no hope before me; I felt that no power on earth could save me. But I was wrong, Dodd's Kidney Pills saved me; they did for me what all the doctors failed to do; they completely restored me to health. I took nine boxes of Pills, and I am now quite well and strong. I work 16 hours a day without feeling it, and instead of being in the hospital I am as strong and as vigorous as ever I was in my life, and this is entirely due to Dodd's Kidney Pills."

Dodd's Kidney Pills are the only remedy that has ever cured Bright's Disease.

DIABETES AND DROPSY.

DIABETES is always recognised by some of the following symptoms: Great thirst, voracious appetite, dry, harsh skin, clammy tongue, a sense of weight or acute pain in the loins, failing sight, pale-coloured urine, bleeding of the gums, swelling of the feet and ankles, in the advanced stages, emaciation and weakness, numb feeling in the thighs, nervousness and irritability, cold, damp skin, boils and skin eruptions, looseness and decay of the teeth, quickened pulse, increase in quantity of urine.

You may not have all these, but any one is enough to alarm you, and should lead you to test your urine (see page 2). If you find after examination that you are in the clutches of this terrible disease, don't wait a moment. There is only one thing to do, and you should do it quickly.

THE CURE.

Get and begin to use Dodd's Kidney Pills, the only remedy that has ever cured Diabetes.

Physicians declare that Diabetes cannot be cured, and yet there are hundreds of people alive and well to-day who were once given up by the doctors with Diabetes, and afterwards cured by Dodd's Kidney Pills.

No case has ever been reported where this remedy has failed to effect a perfect and permanent cure of Diabetes, and a great many have been heard of where, in the very last stages, life has been saved and health restored.

Their testimony is more eloquent than anything else that could be offered on the point.

DROPSY.

This painful disease shows itself in puffiness under the eyes, bloating of the ankles, limbs, and body, and a smothered feeling when excited or over-exerted.

Dropsy also interferes with the action of the heart, causing terrible distress and endangering life.

THE CAUSE.

The cause of Dropsy is the failure of the Kidneys to extract from the blood the water which is collected in circulation. Healthy Kidneys separate all these particles of water and pass them into the bladder, but tired or weak Kidneys, failing to do this, allow this water to gradually accumulate in different parts of the system, flowing it back through the arteries and veins with the blood. This unnatural addition to the circulation distends the blood vessels, and causes tremendous pressure on the walls which, when stretched in this way, allow the particles of water to pass through. The unusual amount of force required to move this water-laden circulation increases the work of the heart, and always over-taxes it.

THE CURE,

Dropsy can always be cured.

It is Kidney Disease pure and simple, and Dodd's Kidney Pills will cure any Kidney Disease.

This remedy has never failed to cure Dropsy, even in the most advanced stages, even after tapping has been resorted to.

For six years I suffered from Diabetes. I lost flesh, my teeth became loose in my head, I was always fearfully thirsty, my skin was dry and harsh, my appetite was enormous, yet everything I ate seemed to do me no good, and I was afraid I should have to give up my work. My doctor could do nothing for me, but I was persuaded to try Dodd's Kidney Pills. After taking these wonderful Pills for a little while I began to improve. I kept on with them and I have quite recovered my health. I have no thirst now, I have gained flesh, can eat and enjoy all my meals, my teeth are tight in the gums, and I feel like a different man. I owe this entirely to Dodd's Kidney Pills.

(Sgd.) SAMUEL CHARLES ROBBINS,
8, Longton Road, Bucknall, Stoke-on-Trent.

2nd Month. **FEBRUARY.** 29 Days.

MOON'S PHASES.

Full Moon ... ... 1st, 4h. 33m. after.
Last Quarter ... 8th, 9h. 56m. morn.
New Moon ... ... 16th, 11h. 5m. morn.
First Quarter ... 24th, 11h. 0m. morn.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S H	M
1	M	George Cruickshank d., 1878	R 7	41
2	Tu	Funeral of Queen Victoria, '01	S 4	49
3	W	Marquis of Salisbury b., 1830	R 7	38
4	Th	Capture of Kumasi, 1874	S 4	52
5	F	St. Agatha	R 7	34
6	S	Sir Henry Irving born, 1838	S 4	56
7	⛪	*Sexagesima*	R 7	31
8	M	John Ruskin born, 1819	S 4	58
9	Tu	[Half Quarter Day	R 7	27
10	W	Treaty of Paris, 1763	S 5	3
11	Th	King's 1st Levée held, 1902	R 7	23
12	F	Massacre in Glencoe, 1692	S 5	8
13	S	C.I.V. sailed for S. Africa, '00	R 7	19
14	⛪	*Quinquagesima. St. Valentine*	S 5	12
15	M	Cardinal Wiseman died, 1865	R 7	15
16	Tu	Shrove Tuesday	S 5	15
17	W	Ash Wednesday. Duchess	R 7	11
18	Th	[of Albany born, 1861	S 5	19
19	F	Adelina Patti born, 1843	R 7	7
20	S	Duchess of Fife born, 1867	S 5	23
21	⛪	1*st Sunday in Lent*	R 7	4
22	M	Geo. Washington born, 1732	S 5	26
23	Tu	Canon Gore consecrated, 1902	R 7	0
24	W	*St. Matthias*	S 5	28
25	Th	Sir Chris. Wren died, 1723	R 6	56
26	F	Earl Cromer born, 1841	S 5	32
27	S	Cronje surrendered, 1900	R 6	52
28	⛪	2*nd Sunday in Lent*	S 5	36
29	M	[Ladysmith relieved, 1900	R 6	48

A Safe Medicine.

Dodd's Kidney Pills do not cure the Kidneys at the expense of the stomach, or any other organ of the body. They are a purely vegetable compound that aids rather than injures digestion. Indigestion is among the diseases that have yielded to Dodd's Kidney Pills. They contain no poison or mineral of any kind. They cure by strengthening the Kidneys and thus relieving the body of all poisons. Dodd's Kidney Pills are thus a safe medicine for people of all ages and all temperaments. They may be given to the youngest child or most delicate invalid.

MR. ROBERT RODGERS,

Quarry Buildings, Blackridge, Scotland.

Mr. Rodgers had Diabetes. He says:—"I was always hungry, in fact, my appetite was voracious, and I felt I could eat anything. I was also terribly thirsty, my back pained me when I sat down, and it was only with the greatest difficulty that I could rise again, my teeth became loose in my head, and the gums bled, I used to have flutterings round my heart, soreness of the bowels, pains between my shoulders, and through my hips, in fact, the pain there was so bad that I could hardly lie in bed. I lost fifteen pounds in six weeks, and I was so weak that I could hardly crawl about.

"I consulted several doctors and took a deal of medicine, but nothing did me any good until I commenced taking Dodd's Kidney Pills. They did wonders for me, giving me relief right from the start, and as soon as I found they were doing me good I left off all other medicines and took Dodd's Kidney Pills until they completely cured me. I am back at my work, and enjoy the best of health without a trace of my old trouble."

SPRING MEDICINES.

NEARLY everybody takes medicine in the Spring time. With the warm, sunny days comes that tired feeling, that disinclination to work, that feeling of lassitude and weakness often mistaken for indolence.

Do you know the reason of this lassitude? Do you know that in the winter the body fortifies itself against cold; that with the coming of Spring it begins to throw off the tissue that forms the fortification. This waste tissue is carried away by the blood and should be removed by the Kidneys.

If the Kidneys are in thorough working order the waste material is expelled from the blood at once and the life-giving stream courses naturally through the body, carrying strength and energy to its every part.

But if the Kidneys are tired and out of order, the waste material is not all removed and the stream becomes turbid and sluggish; so does the body.

The remedy is simple. Tone up the Kidneys with Dodd's Kidney Pills and they will do their work. The blood relieved of all impurities will do the rest.

The Spring brings a large amount of extra work for the Kidneys. Strengthen them and get them in condition to do it by using Dodd's Kidney Pills.

A COMMON MISTAKE.

The old-fashioned method of using strong cathartics or laxatives as a Spring medicine is as much a relic of the old school of medicine as was bleeding by the village barber. Scouring the stomach and bowels may be all right in its place, but the blood does not run through the stomach and it is the blood that causes the sluggish Spring feeling.

Spring is the season of boils, pimples and skin eruptions of many kinds. These are caused by impurities in the blood. If these impurities are in the blood the Kidneys are not working properly. If you use Dodd's Kidney Pills the Kidneys will speedily be in shape to do the work required of them.

Dodd's Kidney Pills put the Kidneys in good working order; the Kidneys in good working order remove all impurities from the blood; with all impurities removed from the blood there can be no boils or pimples.

THE MORAL: Use Dodd's Kidney Pills, and Boils, Pimples, Blotches, and all other skin and blood diseases will never trouble you. Dodd's Kidney Pills will bring you a clear, healthy complexion with an abundance of good health behind it.

AFTER FEVERS.

After a fever or other serious illness has gone, the Kidneys require special attention. The long period of sluggish action of the system has caused a large amount of waste material to gather in the blood. The Kidneys too are weak and require a tonic. Dodd's Kidney Pills are invaluable at this time. They strengthen the Kidneys, enable them to do their extra work quickly and well, and speedily bring back health.

LAUGH AT INFLUENZA.

If you could compare the people who have had Influenza with those who have escaped, you would find that without exception, the former have diseased, tired or worn out Kidneys, while the latter have Kidneys that are doing their full duty of keeping the blood pure and the body strong and healthy.

It is people with weak Kidneys who catch Influenza. Dodd's Kidney Pills tone up the Kidneys and make them strong, and then you can laugh at Influenza.

3rd Month. # MARCH. 31 Days.

MOON'S PHASES.

Full Moon .. .. 2nd, 2h. 48m. morn.
Last Quarter ... ... 9th, 1h. 1m. morn.
New Moon... ... ... 17th, 5h. 39m. morn.
First Quarter ... ... 24th, 9h. 87m. after.
Full Moon ... ... 31st. 0h. 44m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S H	M
1	Tu	St. David's Day	S 5	39
2	W	John Wesley d., 1791. Pope [Leo. XIII. b., 1810	R 6	44
3	Th		S 5	42
4	F	Forth Bridge opened, 1890	R 6	40
5	S	Pr. of Wales visited Bristol	S 5	46
6	✠	*3rd Sunday in Lent.* [1902	R 6	35
7	M	Adl. Ld. Collingwood d., '10	S 5	49
8	Tu	H.M.S. *Queen* launched, 1902	R 6	31
9	W	William I., Emp. Ger., d., '88	S 5	53
10	Th	King Edward VII. mar., 1863	R 6	27
11	F	Income Tax imposed, 1842	S 5	56
12	S	St. Gregory	R 6	22
13	✠	*4th Sunday in Lent*	S 6	0
14	M	King Humbert born 1844	R 6	17
15	Tu	Sir R. Temple died, 1902	S 6	4
16	W	*Ophir* sailed from Portsmouth	R 6	12
17	Th	St. Patrick's Day [1901	S 6	7
18	F	Duchess of Argyll born, 1848	R 6	7
19	S	David Livingstone born, 1813	S 6	10
20	✠	*Passion Sunday*	R 6	3
21	M	Spring commences	S 6	13
22	Tu	Dean Farrar died, 1903	R 5	58
23	W	Lord Milner, G.C.B., b., 1854	S 6	17
24	Th	Longfellow died, 1882	R 5	54
25	F	Lady Day	S 6	20
26	S	Rt. Hn. C. J. Rhodes d., 1902	R 5	49
27	✠	*Palm Sunday*	S 6	23
28	M	Duke of Albany d., 1884	R 5	44
29	Tu	Col. Sir J. McNeill, V.C. b., '31	S 6	27
30	W	Hilary sittings end	R 5	40
31	Th	Andrew Lang born, 1844	S 6	29

Cures That Last.

Too much cannot be said of the lasting character of the cures by Dodd's Kidney Pills Men and women who were given up to die years ago say that Dodd's Kidney Pills saved their lives, and that since then they have had no return of disease of any kind Some medicines give only temporary relief, but Dodd's Kidney Pills cure to stay cured. Those who have experienced have testified most positively, and their testimony is before you for your consideration. It is convincing on the point of permanency.

MR. EDWARD GRAY,

Manor House, Elswick, Nr. Kirkham, Lancs.

"Three years ago I was seized with kidney and bladder disorder. I had all the symptoms of Kidney Disease in its most serious form. I was depressed and irritable, I had dull heavy pains across my loins, I could not stoop or bend my back, I could walk only with difficulty and with great pain, and though I tried all kinds of medicines, I got no better.

"But one day I met a friend who asked me what ailed me. I told him my trouble, and he strongly advised me to take Dodd's Kidney Pills, saying that he had used them for Kidney trouble and they had cured him. I took his advice, and after taking Dodd's Kidney Pills, I am thankful to say, they have completely cured me.

"I am to-day as well and fit as ever I was in my life; no man to see me now would think I had ever been ill. Dodd's Kidney Pills have made a new man of me, and I want all fellow sufferers to know this, and to learn how they, too, can obtain relief."

RHEUMATISM.

NO disease is more common than Rheumatism. Its aches and pains, its tortures you might say, are known all over the world. Doctors admit they are powerless against it, and thousands of human beings bravely smile through pains they consider part of their birthright.

But thousands of others wear happier smiles. They have learned through experience that Rheumatism can be cured. They have used Dodd's Kidney Pills.

Rheumatism is not exactly a Kidney Disease. It is the result of Kidney derangement. Medical science has made the discovery that the pains and aches commonly known as Rheumatism are caused by uric acid poison in the blood. If the Kidneys are doing their duty there will be no uric acid in the blood. But if the Kidneys are tired, worn, or out of order, the amount of this poison in the blood will increase daily. It crystallizes at the joints and muscles, and then come those agonizing pains so many people know and dread. A sudden chill caused by continued exposure or damp feet is a frequent cause of this crystallization.

The remedy is Dodd's Kidney Pills.

Twelve years of experience has taught the Public that Dodd's Kidney Pills will cure the Kidneys of any disorder—will put them in perfect working order. The Kidneys in perfect working order will proceed at once to remove the uric acid from the blood, and they will keep on till the last drop of that poison is gone, and with it the last twinge of Rheumatism. And so long as the Kidneys continue to do their work properly it cannot return.

That this theory is correct is proved conclusively by thousands of cases of Rheumatism cured by Dodd's Kidney Pills.

That the old-fashioned methods of treating Rheumatism by lotions or oils rubbed on the outside, or by nerve deadening narcotics taken internally, are all wrong is proved quite conclusively by thousands who have used these methods and found no relief at all, or at the most only temporary relief.

Medical Science advances slowly, but it at last claims a victory over Rheumatism. That victory comes through Dodd's Kidney Pills. Dodd's Kidney Pills cure the Kidneys, and the Rheumatism cures itself.

Another lesson this teaches is that if you answer the Kidneys' first signals for relief you will never learn what Rheumatism really is.

SCIATICA, LUMBAGO, NEURALGIA

These painful ailments all spring from the same cause—Uric Acid.

As in Rheumatism the only perfect and permanent cure must be one that strikes at the root.

Dodd's Kidney Pills cure the Kidneys, and sound Kidneys make uric acid an impossibility.

For eleven years I suffered from Rheumatism caused through Kidney trouble. The symptoms were bad feet, decayed bones, swelled legs and feet, pains across shoulders and back, and in muscles of my legs. There was a dark, thick sediment in the urine which was often very painful when passing. I tried many remedies but they all failed, and I was compelled to leave off work. Then I was told to try Dodd's Kidney Pills. I did so, and soon found they worked a wonderful change. I kept on with them and now I am quite cured. The pains have entirely left me, the urine is quite clear and natural, and I can follow my employment the same as I used to.

(Sgd.) JOHN LYNN,
2, Sandyland, Wisbech, Cambs.

I had Rheumatism and Sciatica very badly. I was almost helpless and could hardly move hand or foot. I sent for a doctor who prescribed for me and gave me some medicine, but he did me no good whatever. I was afraid I should never get better, but I was turning over some books when I happened to come across Dodd's Almanac, and I read about Dodd's Kidney Pills and the good they were doing. I commenced to take them, and with surprising results. Dodd's Kidney Pills completely cured me, and I am now as well as ever I was in my life.

(Sgd.) W. OVERMAN,
Silverwood Farm, Tydd, Wisbech.

4th Month. **APRIL.** 30 Days.

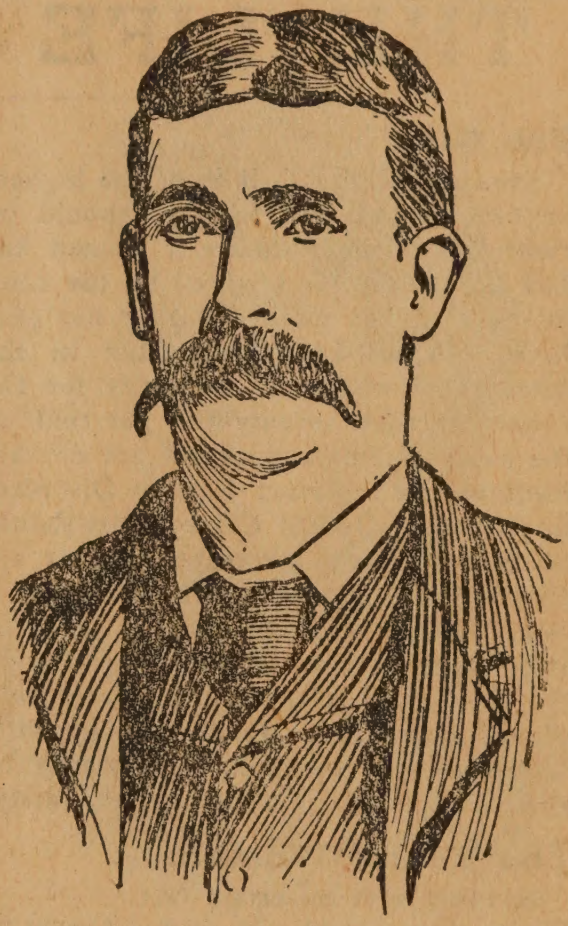
MOON'S PHASES.

Last Quarter ... 7th, 5h. 53m. after.
New Moon ... ... 15th, 9h. 53m. after.
First Quarter ... 23rd, 4h. 55m. morn.
Full Moon ... ... 29th, 10h. 36m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S H M
1	F	Good Friday	R 5 38
2	S	Cobden died, 1865	S 6 33
3	S	*Easter Sunday*	R 5 34
4	M	Bank Holiday	S 6 36
5	Tu	Disaster in Glasgow at a foot-	R 5 29
6	W	[ball match, 1902	S 6 39
7	Th	Duke of Albany born, 1853	R 5 25
8	F	King of Denmark born, 1818	S 6 43
9	S	Fire Insurance expires	R 5 21
10	S	*1st Sunday after Easter*	S 6 46
11	M	Treaty of Utrecht, 1713	R 5 16
12	Tu	Easter Law Sittings begin	S 6 49
13	W	Sir Hector Macdonald b., '52	R 5 12
14	Th	Princess Beatrice born, 1857	S 6 52
15	F	Matthew Arnold died, 1888	R 5 7
16	S	Sir Alb't Wood, K.C.B., b.,'16	S 6 56
17	S	*2nd Sunday after Easter*	R 5 3
18	M	Relief of Chitral, 1895	S 6 59
19	Tu	Primrose Day	R 4 59
20	W	Spurgeon's Tab'nacle b'rnt,'98	S 7 2
21	Th	Bar. Burdett-Coutts b., 1814	R 4 55
22	F	[Barbican fire, 1902	S 7 6
23	S	Shakespeare died, 1616	R 4 50
24	S	*3rd Sunday after Easter*	S 7 9
25	M	Princ'ss Vict. of Wales b., '97	R 4 46
26	Tu	Fire at Hull, Ontario, 1900	S 7 12
27	W	Order of St. Michael and St.	R 4 42
28	Th	[George instituted, 1818	S 7 15
29	F	General Grenfell b., 1841	R 4 39
30	S	Lord Avebury born, 1834	S 7 19

No Case Too Far Gone.

Experience has proved that there is no case of Kidney Trouble too far gone to be saved by Dodd's Kidney Pills. No matter what form of Kidney Trouble you have, Dodd's Kidney Pills will cure you. Dropsy, Diabetes, and even Bright's Disease in the very last stages have been cured by this remedy. Men and women have been raised from death-beds and restored to life and good health. Do not despair. While there's life there's hope for everyone. Dodd's Kidney Pills have done it for others. Why don't you let them cure you?



MR. GEORGE SMITH,

Tisbut's Cottages, Box Hill, Box, Chippenham.

"I had Rheumatic Fever and my Doctor ordered me to be put to bed, and wrapped in blankets soaked in oil. After about a month of it I was ordered to be taken to the hospital, where I lay for six weeks. They tried all sorts of treatment, but I got no better.

"One day I happened to read in Dodd's Almanac about Dodd's Kidney Pills. After the first box I felt very much better. Before taking Dodd's Kidney Pills my legs were so large and swollen I could not walk, my Doctor said I had Heart Trouble, and told me to go home and prepare for another world, but after I had taken six boxes of Dodd's Kidney Pills I was up and well, and to-day I feel like a new man; in fact, I never felt better. I can honestly say that Dodd's Kidney Pills have saved my life, and I recommend them to all who suffer as I did."

THE LIFE OF WOMAN.

The Girl.

Even in childhood, it is of the highest importance that the Kidneys should be carefully watched. Many a woman has had her future life blighted by the carelessness of her mother during her girlhood. A well-known specialist in the diseases of women is authority for the statement that seventy-five per cent. of the cases of female weakness are directly traceable to neglected Kidney Disorders in girlhood. Dodd's Kidney Pills should be in every home where young girls are growing up. Every mother should watch carefully the colour and quantity (see page 2) of the Kidney Secretions passed during the night, and if there is the least sign of anything wrong Dodd's Kidney Pills should at once be used. They may be given to the youngest with perfect safety.

The Young Woman.

"Standing with uncertain feet
Where womanhood and girlhood meet."

Perhaps the most critical time in a woman's whole life is this passing from girlhood to womanhood. Happy, indeed, and thankful should be the mother who sees her daughters blossom into womanhood, healthy and robust, sound in health, and free from any distressing aches and pains. The Kidneys are the point to be watched. If they are sound there will be no trouble. On page 2 of this book will be found simple rules which any mother can follow with ease, and ascertain with certainty if the Kidneys are acting properly. If so, don't worry, but if not, act promptly. Dodd's Kidney Pills are the surest, most convenient, and safest Restorative for the Kidneys, and will be found invaluable at this extremely critical period.

The Wife.

Loaded with the duties and business of her new home, anxious to please and be all that is expected of her by her husband and his relatives, with the prospect of other responsibilities approaching in the future, the first year or two of a woman's married life is a very anxious and trying period. A wife's work is never done, but after a time she gets accustomed to the changed conditions and is better able to bear her share, if the first years have not sown the seeds of a breakdown. Good health is absolutely necessary. Dodd's Kidney Pills are the best tonic for overworked and overworried people. They make and keep the Kidneys well, ensuring a full supply of pure, rich, vigorous blood to sustain the body.

As the period of motherhood approaches it is of the greatest possible importance that the Kidneys and urinary organs should be kept in perfect condition. Dodd's Kidney Pills have the endorsement of thousands of women who have used them at this time with the most satisfactory results. They may be used with perfect safety and confidence at this important period of a woman's life, and will do much to relieve and lessen pain and suffering.

The Matron.

Another very critical time in the life of every woman is the "Change of life." Many women do not survive it. If the Kidneys are sound there can be no trouble or danger, but if they are not there is certain to be much distress and probable death. Dodd's Kidney Pills have tided many a woman safely over this anxious and dangerous period. They may be relied on as the very surest and safest treatment.

The Aged Woman.

Perfect health in old age is possible only to those whose Kidneys are well. So many old people have testified to the splendid work of Dodd's Kidney Pills that they are now almost universally regarded as the most satisfactory medicine for the aged.

5th Month. **MAY.** 31 Days.

MOON'S PHASES.

Last Quarter ... 7th, 11h. 50m. morn.
New Moon ... ... 15th, 10h. 58m. morn.
First Quarter ... 22nd, 10h. 19m. morn.
Full Moon ... ... 29th, 8h. 53m. morn.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun R Rises S Sets	H	M
1	✠	*4th Sunday after Easter*	R	4	35
2	M	[Duke of Connaught b., '50	S	7	22
3	Tu	Tom Hood died, 1845	R	4	31
4	W	Jos. Whitaker, F.S.A. b., '20	S	7	25
5	Th	Empress Eugenie born, 1826	R	4	27
6	F	Mont Pelée erupt., 1902 (8th)	S	7	28
7	S	Lord Rosebery born, 1847	R	4	24
8	✠	*Rogation Sunday*	S	7	31
9	M	Aus. Commonwealth,'1901	R	4	20
10	Tu	Indian Mutiny com., 1857	S	7	35
11	W	Half Quarter Day	R	4	17
12	Th	*Ascension Day*	S	7	38
13	F	Dundee and Glencoe, 1900	R	4	14
14	S	Old May Day	S	7	41
15	✠	*Sunday after Ascension*	R	4	11
16	M	Mrs. Hemans died, 1835	S	7	44
17	Tu	Mafeking relieved, 1900	R	4	8
18	W	Rt. Hn. W. E. Gladstone d.,'98	S	7	47
19	Th	Emperor of Russia, b., 1868	R	4	5
20	F	Easter Law Sittings end	S	7	49
21	S	M'chester Ship Canal op., '94	R	4	2
22	✠	*Whit Sunday*	S	7	52
23	M	Bank Holiday	R	4	0
24	Tu	Lord Pauncefote died, 1902	S	7	55
25	W	Prince Christian born, 1846	R	3	58
26	Th	Prince of Wales born, 1867	S	7	57
27	F	Mont Pelée 2nd erupt., 1902	R	3	56
28	S	Gladstone's funeral, 1898	S	8	0
29	✠	*Trinity Sunday*	R	3	54
30	M	Trinity Law Sittings begin	S	8	2
31	Tu	L'l. Roberts en. Johan'b'rg,'00	R	3	52

Headache.

What causes headache? It is the poison in the blood irritating the delicate nerves and brain tissues. Dodd's Kidney Pills cure headache by putting the Kidneys in condition to take all poison out of the blood. Dodd's Kidney Pills make and keep the blood free from the irritating poisons which cause Headache. They cure Headache because they remove the cause, and that is why their cures are so lasting and satisfactory. There is no reason why anyone should suffer with headache, for Dodd's Kidney Pills are for sale everywhere

MISS GOULD,

12, Belmont Road, Parkstone, Dorsetshire.

All young women who suffer from Female Trouble and anæmia should read what Miss Gould says:—

"I had pains in my back, severe headaches, drowsiness, loss of sleep, and depression. I was anæmic, but my complexion was sallow instead of white. I was terribly nervous, had no appetite, and began to lose flesh rapidly. My face was bloated in the mornings, my breath was short, and the least exertion tired me. I heard of Dodd's Kidney Pills as a cure for Female Troubles, and I thought I would give them a trial. I did so, and they soon put me right, and I am as well to-day as ever I was in my life."

Miss Gould's case is similar to many others—Kidney disorder was really at the root of the trouble. Many women go down to their graves after a life of suffering from "Female Troubles," when really the Kidneys are to blame. Dodd's Kidney Pills cure all such cases.

WHAT WOMEN SAY.

WE have selected a few letters from a great many to show what Dodd's Kidney Pills are doing for the women of this country:—

I derived great benefit from the use of Dodd's Kidney Pills. I suffered from Kidney Trouble which developed into Dropsy, and though I tried many remedies they gave me no relief. Dodd's Kidney Pills were the only medicine that benefited me, and I shall always be pleased to answer any inquiries from other sufferers respecting the efficiency of this medicine.

(Sgd.) MISS A. M. RUCK,
Homeleigh, Cheshunt, Herts.

For a long time back I was troubled with acute pains in my back; I was also subject to great weakness, and found it exceedingly difficult to carry out my household duties. The pains in my back became worse, and I was nearly giving up when I was persuaded to try Dodd's Kidney Pills which, I am happy to say, completely restored me to health.

(Sgd.) MISS THERESA LIBBICK,
6, Aylesbury Terrace, Victoria Road, Southsea.

Four years ago I began to suffer very severe pains in the small of my back, and if I stooped I had the greatest difficulty in getting straight again. I was also much troubled with giddiness, my head used to swim round, and I would become so dizzy that I had often fallen down in the street. I tried various remedies, but they did me no good. I then obtained a box of Dodd's Kidney Pills, and after a few doses I felt greatly relieved. I persevered with this medicine, and in a short time the pains in my back left me, I was no longer troubled with Giddiness, and I am happy to say that thanks to Dodd's Kidney Pills I am now completely cured.

(Sgd.) MRS. W. RILEY,
32, Ingham Street, Bury, Lancs.

For a long time I was a great sufferer from Rheumatism; it affected me in my hands, feet, and legs, and caused me so much pain that I could hardly carry on my household duties, and I got very little sleep at night. Thinking that the trouble was really caused through my Kidneys being out of order, and hearing Dodd's Kidney Pills well spoken of, I resolved to give them a trial. I procured a box and commenced taking them, when I soon found great relief. I then continued the treatment, taking Dodd's Kidney Pills according to the directions. The result is that to-day I am a changed woman; I am quite well and able to do my daily duties without fatigue. All the pains have left me, and I am pleased to add my testimonial to others regarding the benefit derived from Dodd's Kidney Pills.

(Sgd.) MRS. H. CAKE.
Churches Grounds, Sanhurst, Gloucester.

About two years ago I had a very severe attack which completely laid me up. I was attended by two doctors who did all they could for me, but did not seem to understand my case, for their treatment only gave me temporary relief. A few months after they had ceased attending me I was as bad as ever, and grew rapidly worse. I suffered very much from acute pains in my back and left side; the pains in my side were sharp and shooting, and if I stooped I had great difficulty in getting straight again, and I got so weak I could scarcely walk. I also suffered from shortness of breath; I was depressed and low-spirited; I could not sleep at night, and when I did fall asleep I was troubled with bad dreams. This was the state of my health when I first began taking Dodd's Kidney Pills. After taking a few I was surprised with the result; I began to feel better in every way. I kept on with Dodd's Kidney Pills, and took in all 8 boxes, and I can honestly and truly say they have done more good for me than anything I have ever taken; in fact, they have done wonders, for I can now walk any distance, and run up and downstairs without the least trouble. I am quite cured, and I shall always recommend Dodd's Kidney Pills to all who suffer as I did, and I should like this letter to be published for the benefit of other sufferers.

(Sgd.) MRS. MARY BELL,
Finnart Lodge, Gareloch Head,
Dumbartonshire.

Words cannot express the great benefit I have received from Dodd's Kidney Pills. I was a great sufferer from Kidney complaint, and tried all sorts of remedies without effect. But Dodd's Kidney Pills completely cured me and I am very grateful.

(Sgd.) MRS. ALICE LILY,
Princess Avenue, Outwood, Wakefield, Yorks.

I was a martyr to severe pain and weakness which attacked me chiefly in the small of my back and across the loins. I became so bad that I could not keep up any longer, and I was compelled to take to my bed. I had dreadful pains all over me, and I could not rest night or day. I was in the doctor's hands for a long time, but his medicine did me no good. I was suffering in this way when one day a friend told me about Dodd's Kidney Pills and strongly advised me to give them a trial. I did so, and I am thankful to say that they have quite restored me to health. I took several boxes, and they did me more good than all the doctor's medicine put together. I am now quite well, and can go about my work without the least fatigue; in fact, I feel better than ever I did in my life before. I hope that all who suffer from the same complaint will read these words, and reap the same benefit from Dodd's Kidney Pills that I have done.

(Sgd.) MRS. L. E. GUMMER,
14, Herbert Street, Blaengarw, Nr. Bridgend, Glam., S. Wales.

6th Month. **JUNE.** 30 Days.

MOON'S PHASES.

Last Quarter ... 6th, 5h. 53m. morn.
New Moon ... ... 13th, 9h. 11m. after.
First Quarter ... 20th, 8h. 11m. after.
Full Moon ... ... 27th, 8h. 23m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	
			H	M
1	W	News of Peace first known in	R 3	51
2	Th	Corpus Christi [London	S 8	5
3	F	Prince of Wales born, 1865	R 3	50
4	S	Visc't Wolseley K.P., b., 1833	S 8	7
5	☩	*1st Sunday after Trinity*	R 3	48
6	M	Count Cavour died, 1861	S 8	9
7	Tu	Lord Braybrook died, 1902	R 3	47
8	W	Thanksgiving St. Paul's, 1902	S 8	11
9	Th	Fire in Qu'n Victoria-st. 1902	R 3	46
10	F	Sir Edwin Arnold born, 1832	S 8	13
11	S	St. Barnabas	R 3	45
12	☩	*2nd Sunday after Trinity*	S 8	14
13	M	Dr. Arnold, Rugby, b., 1795	R 3	45
14	Tu	Their Majesties visited Alder-	S 8	15
15	W	[shot, 1902	R 3	44
16	Th	Battle of Qua're Bras, 1815	S 8	16
17	F	St. Alban	R 3	44
18	S	Archbishop of York born, '26	S 8	17
19	☩	*3rd Sunday after Trinity*	R 3	44
20	M	Queen Victoria's accession, '37	S 8	18
21	Tu	Summer commences	R 3	45
22	W	Rt. Hon. R. J. Seddon b., '45	S 8	18
23	Th	Prince Edward of Wales b., '94	R 3	45
24	F	Viscount Kitchener b., 1850	S 8	19
25	S	[King's illness announc'd, '02	R 3	46
26	☩	*4th Sunday after Trinity*	S 8	19
27	M	Harriet Martineau died, 1876	R 3	47
28	Tu	Central Lond. Railway op. '00	S 8	18
29	W	St. Peter	R 3	48
30	Th	G.W.R. op'd. to Bristol. 1841	S 8	18

Catarrh.

Local Treatment can never cure Catarrh. Catarrh is essentially a blood disease. Dodd's Kidney Pills cure all blood diseases. Dodd's Kidney Pills have cured Catarrh, and will always cure Catarrh because they strengthen and tone up the Kidneys, the natural blood filters, till they are in a condition to extract all impurities and disease from the blood.

If the Kidneys are doing their duty Catarrh cannot remain in the system. That is why Dodd's Kidney Pills cure Catarrh permanently—they remove the cause, and the Catarrh quickly disappears, and with it all its unpleasant and dangerous symptoms.

MRS. J. R. PARRY,

Thorn Lea, Moss Side Road, Cadished, Manchester.

Here is a case that will go straight to the heart of scores of women in this country who suffer in the same way:—

"For over ten years I suffered. I had Scarlet Fever, and a chill which seemed to settle on my Kidneys. I was subject to heart flutterings, pains in my back, and cramp in my muscles. My eyes were puffed and swollen, and I was often dizzy, and had occasional attacks of Neuralgia. I became low-spirited and depressed, my memory failed me, I had difficulty in collecting my thoughts, I was extremely nervous, and my limbs would swell terribly. I was always tired and languid, and any exertion fatigued me."

"Dodd's Kidney Pills saved my life. From the first they gave me relief; I persevered with them, and now I am pleased to say the pains have entirely left me, and I am quite cured."

HEALTH HINTS.

BAD DRINKING WATER.

In many districts the drinking water is not good. Nothing is better for health than an abundance of pure water, but nothing is more dangerous than water which is not pure. Many a premature death or shattered constitution can be traced directly to drinking bad water.

The fearful strain of this evil falls directly on the Kidneys. To them nature gives the work of extracting all the impurities, and thus protecting the whole body from the dire effects of the poison taken in the water. If the Kidneys are healthy, drinking bad water cannot do harm, but unfortunately these organs of purification cannot long bear the fearful strain of this extra work. The poison in the water affects the Kidneys themselves, and it is absolutely necessary in every case to give them some assistance and support. Dodd's Kidney Pills are made to do this very work. They correct, support, and maintain the health of the Kidneys, and they quickly repair the damage caused by drinking bad water, and keep the Kidneys in a condition of vigour and health sufficient to withstand the danger.

CHILLS.

Have you ever noticed where a chill is most often felt? Up and down the back. You soon feel it all over, but that's where it starts.

Your Kidneys are there. That's why it begins there. The Kidneys are the cause, and from this starting point commences every chill that ever shook a human body.

To the starting point we must go then, if we are to remove the cause of chills. The Kidneys are out of order and must be attended to, if something more serious is to be prevented.

No man or woman with healthy Kidneys ever had chills. Keep your Kidneys right if you would be free from this very dangerous and unpleasant symptom.

Dodd's Kidney Pills prevent chills, for they make weak Kidneys an impossibility

URINE DANGER SIGNS.

When the passing of the urine is accompanied by other than a feeling of pleasant relief the Kidneys are wrong.

The urine should be odorless and of a pale straw colour. Any discoloration means danger.

If the urine stains the linen there is danger.

If it burns or scalds it means danger.

If it does not flow freely without straining there is danger.

If there is a sudden increase or decrease in the quantity of urine there is danger.

If there is a desire to urinate too often there is danger.

The danger comes from the Kidneys. The safeguard is Dodd's Kidney Pills.

I was thoroughly run down and out of sorts. I used to feel languid, depressed and weary, everything I did seemed to be labour to me, and I hardly knew what to do. I was in this condition when a friend recommended me to try Dodd's Kidney Pills, which had done her so much good. I took my friend's advice, and after I had used Dodd's Kidney Pills for a little while, I began to feel my health and strength returning. Therefore, I kept on with the Pills, and I am sure that by treating my complaint when I did, I checked it, and avoided a very serious illness. If I should ever find myself falling into that unhappy state again, I should most certainly take Dodd's Kidney Pills at once.

(Sgd.) MISS LILY McKENZIE,
Maer Hall, Newcastle, Staffs.

I was troubled with a nasty gnawing pain in my back, I was low-spirited, and seemed always tired. Dodd's Kidney Pills put new life and vigour into me, and now I am in perfect health, free from all aches and pains. They are a wonderful remedy.

(Sgd.) MISS ANNIE COWIE,
Station House, Cornhill, Banffshire, N.B.

7th Month. **JULY.** 31 Days.

MOON'S PHASES.

Last Quarter ... ... 5th, 10h. 54m. after.
New Moon ... ... 13th, 5h. 27m. morn.
First Quarter ... ... 19th, 8h. 49m. after.
Full Moon ... ... 27th, 9h. 42m. morn.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	
			H	M
1	F	Dominion Day	R 3	49
2	S	Sir Robert Peel died, 1850	S 8	18
3	✠	*5th Sunday after Trinity*	R 3	50
4	M	Battle of Ulundi, 1879	S 8	17
5	Tu	Cecil Rhodes born, 1853	R 3	52
6	W	Princess Victoria born, 1863	S 8	16
7	Th	Edward I. died, 1307	R 3	54
8	F	Joseph Chamberlain born, '36	S 8	15
9	S	Fire Insurance expires	R 3	56
10	✠	*6th Sunday after Trinity*	S 8	13
11	M	Mar. of Salisbury resigned, '02	R 3	58
12	Tu	Rt. Hn. A. J. Balfour made Pre-	S 8	12
13	W	Berlin Tr'ty sigd. '78 [mier, '02	R 4	0
14	Th	Bastille stormed, 1789	S 8	10
15	F	St. Swithin	R 4	2
16	S	Sir J. Reynolds born, 1723	S 8	8
17	✠	*7th Sunday after Trinity*	R 4	4
18	M	Dr. W. G. Grace born, 1848	S 8	6
19	Tu	Bishop Wilberforce died, 1873	R 4	7
20	W	Trial of Dr. Jameson, 1896	S 8	4
21	Th	Robert Burns died, 1796	R 4	9
22	F	Princess Denmark mar. 1896	S 8	1
23	S	Duke of Devonshire born, '33	R 4	12
24	✠	*8th Sunday after Trinity*	S 7	59
25	M	Rt. Hn. A. J. Balfour born, 1848	R 4	15
26	Tu	Bank of England found'd, 1694	S 7	56
27	W	Duchess of Fife married, 1889	R 4	18
28	Th	Jameson raiders sentenced, '96	S 7	53
29	F	King of Italy assasin'ed, 1900	R 4	21
30	S	Prince Bismarck died, 1898	S 7	50
31	✠	*9th Sunday after Trinity*	R 4	24

The Cost.

Dodd's Kidney Pills cost 2s. 9d. a box. There are cheaper medicines in the market but no cheaper *cures*. In most cases half a dozen boxes banish the most obdurate case of Rheumatism. Thousands of men are spending that much money daily for medical attendance and are getting no better. Dodd's Kidney Pills are the cheapest medicine in the world, because they always cure, and cure to stay cured. It is much better in the end to pay a little more for a genuine medicine that cures permanently and completely.

MISS E. PRATT,

The Street, Catfield, Great Yarmouth.

"For a long time I suffered terribly with my heart. My breath was short, the least exertion fatigued me, my skin was hard and dry, and in the morning there was a bad taste in my mouth, my eyelids were swollen, my lips blue, and there was always a dull heavy pain in my left side. In addition to this I had a dragging pain across my loins, and found it very difficult to stoop or straighten myself up, I tried various remedies, but all to no purpose.

"It was then that I began taking Dodd's Kidney Pills, and after a few doses, I was surprised at the improvement they made in me. I continued to take them, and now I am glad to say the pains have entirely left me, my heart no longer causes me the least trouble, and I am as well as ever I was in my life. I have only the highest praise for Dodd's Kidney Pills, for they saved my life, and relieved me of a deal of suffering."

HEART DISEASE.

"DEATH was due to Heart Failure." How many accounts of sudden deaths in the newspapers close with those simple words that mean so much?

They make you stop and think. They make you realise the all-important part the heart plays in plain common living.

From the moment our eyes open on this beautiful world, the faithful organ never pauses for a moment, never misses a beat. When it fails in its work for a moment, life is gone and the doctor's verdict is "Death was due to heart failure."

The heart cannot rest for a moment. It must keep on working that we may keep on living.

How necessary is it then that we should do everything and anything that will lighten its labours.

What is the work of the heart?

You all know that it is the pump that forces the blood through the arteries and veins to and from every part of the body.

It is the power that keeps the stream of life circulating.

When the blood is free from impurities the heart works freely and steadily.

But when the blood is filled with impurities the machinery must feel the effects. And the heart does feel the effects. Not only is its work increased through having to force a turbid stream through the Kidneys, and propel a heavy, thick, sluggish circulation, but the poisons acting on the valves and chambers of the heart itself cause inflammation, valvular troubles, and other derangements. The Kidneys, too, clog with the impurities, again making the work of the heart more difficult.

Heart Disease is the result. And this once started can only be relieved by a constant stream of fresh pure blood. It all comes back to the one great principle of health—Keep the Kidneys right, and all else will be right.

Use Dodd's Kidney Pills and the Kidneys will be right.

An eminent physician has made the statement that after years of experience he has never yet met a case of death from Heart Disease where the Kidneys were not responsible.

Thousands of people make the statement out of their own experience that there is not a case of Kidney Disease that Dodd's Kidney Pills will not cure.

Is not the combined evidence enough to convince the most sceptical that Dodd's Kidney Pills, striking at the root of Heart Disease, are the one sure and permanent cure?

SYMPTOMS OF HEART DISEASE THAT SHOULD NOT BE OVERLOOKED ARE COLD HANDS OR COLD FEET. These indicate that the heart is not strong enough to force the blood to the extremities. Other symptoms are swelling of the parts, such as occur in Dropsy.

Dodd's Kidney Pills did wonders for me. I had for a long time been troubled with Palpitation of the Heart, and I was also subject to Headaches, Dizziness, Parched dry Throat, bad taste in the mouth and furred tongue. I was greatly troubled with pains across my back, loss of memory, fainting fits, and I used to be so tired and languid that I could do nothing, and the least excitement set my heart palpitating violently. I took Dodd's Kidney Pills, and they soon put me right, and though I have tried various remedies, these Pills were the only remedy that did me any good. They completely cured me, and I can recommend them to all who suffer from Heart Trouble.

(Sgd.) MISS L. WILLIAMS,
Hill Cottage, Cwmyoy Lower, Abergavenny.

I used to be a great sufferer from Indigestion and Anaemia, and I was also subject to Flutterings or Palpitation of the Heart. When I rose from my chair suddenly, I used to feel so giddy, I had to take hold of something to save myself from falling. I had dull heavy pains across my chest, and I lost flesh, and wasted away almost to nothing. But I was persuaded to try Dodd's Kidney Pills, and I cannot praise them too highly, for they have relieved me of a deal of pain, and they are a true friend to all who suffer as I did, and I can honestly say they have completely cured me.

(Sgd.) MISS A. ARMITT,
30, George Street, Gt. Berkhamsted, Herts

8th Month. **AUGUST.** 31 Days.

MOON'S PHASES.

Last Quarter ... ... 4th, 2h. 8m. after.
New Moon ... ... 11th, 0h. 58m. after.
First Quarter ... ... 18th, 4h. 27m. morn.
Full Moon ... ... 26th, 1h. 2m. morn.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	
			H	M
1	M	Bank Holiday	R 4	25
2	Tu	Battle of Blenheim, 1704	S 7	45
3	W	Sir E. Hertslet died, 1902	R 4	28
4	Th	French Rep. proclaimed, 1870	S 7	42
5	F	Oyster season opens	R 4	31
6	S	Work. Comp. Act passed, '97	S 7	38
7	✠	*10th Sunday after Trinity*	R 4	34
8	M	[Dean Farrar b., 1831	S 7	35
9	Tu	King crowned, 1902	R 4	37
10	W	Greenwich Observ. f'd., 1678	S 7	31
11	Th	Half Quarter Day	R 4	40
12	F	Trinity Law Sittings end	S 7	27
13	S	Indian Troops reviewed, 1902	R 4	43
14	✠	*11th Sunday after Trinity*	S 7	23
15	M	Loss of S.S. *Islander*, 1901	R 4	47
16	Tu	Coronation Naval Review, '02	S 7	19
17	W	Shah of Persia arrived, 1902	R 4	50
18	Th	Emperor of Austria born 1830	S 7	15
19	F	Balzac died, 1850	R 4	53
20	S	Black Game Shooting begins	S 7	11
21	✠	*12th Sunday after Trinity*	R 4	56
22	M	Shah held review Woolwich'02	S 7	7
23	Tu	Treaty of Prague, 1866	R 4	59
24	W	St. Bartholomew	S 7	3
25	Th	King & Queen visited Isle of	R 5	2
26	F	Batt of Cressy, 1346 [Man'02	S 6	59
27	S	Algiers bombarded, 1816	R 5	6
28	✠	*13th Sunday after Trinity*	S 6	54
29	M	Mr. Speaker Gully b., 1835	R 5	9
30	Tu	Fall of Plevna, 1877	S 6	50
31	W	Queen of Holland b., 1880	R 5	12

The Nerves.

The chief cause of all nervousness, irritability, bad dreams, twitchings, melancholy, and every other symptom of nerve disease is in the Kidneys. If the Kidneys are sound, no poison can escape in the blood to fester and eat away at the delicate and sensitive nerves. You may make and keep your Kidneys sound by Dodd's Kidney Pills, and then you will be free from all nervous trouble.

The testimony of everyone who has used Dodd's Kidney Pills confirms the truth of this statement. Read the testimonial letters.

MRS. E. HILL,
Impington New Road, Nr. Cambridge.

"My Doctor gave up all hopes of my recovery, for he said I wanted a new heart. I got very weak, and could not dress or undress myself; in fact, I was helpless, my heart fluttered like a bird's wing, and it knocked so hard that my nurse said she could hear it beating, and at first she wondered what it was. My side became quite sore from excessive palpitation. When I got out of bed and stood upon my feet my inside seemed to be all on the swing; I felt that my end was drawing near.

"But one day my little daughter brought me home a book which she had had given to her; in this I read about the wonderful cases of weak hearts that had been cured by Dodd's Kidney Pills. I resolved to give them a trial. I did so, and to my unspeakable joy I found relief after taking the first box. This so encouraged me that I persevered with Dodd's Kidney Pills, and I am pleased to say I can now get up, walk about, and do my own work. My heart does not trouble me at all, and I am gaining in health and strength every day, and the wonderful change in me is entirely due to Dodd's Kidney Pills."

BACKACHE.

ONE of the first and perhaps the most frequent indications of Kidney Disorder is *Backache*, pains in the back or tired and weak feeling in the small of the back. Everyone of these unpleasant symptoms is a message to you from your Kidneys that they need help. Nature is suffering, and is trying to make you understand that something is wrong. There can be no other cause for these back pains than weak Kidneys.

Will you heed the warning?

If you will, and will use at once Dodd's Kidney Pills, you will very soon find proof of the statement that Backache is Kidney ache, for this remedy will promptly cure the Kidneys, and the pain will disappear.

If you fail to heed the warnings that Nature gives you through these symptoms, you are running great risks. Kidney Trouble, the only disorder that can cause Weak Back, is a more serious and fatal disease than many people think. Backache, if not corrected, is always followed by something more alarming. In some cases the Kidney Trouble that causes the Backache grows into Rheumatism, in others to Dropsy, Diabetes, or Bright's Disease. In many cases the nerves are attacked and the Kidney Poison eats away into these till the victim becomes a nervous wreck, irritable, weak, downhearted, and very ill.

But in every case Backache—Kidney ache—if not corrected is followed by more serious consequences. It is only the thin end of the wedge, which if not withdrawn will split and rend the body with sickness and pain, and finally send its victim to premature death.

Too much cannot be said on this point. NO ONE CAN OVER-ESTIMATE THE IMPORTANCE OF THIS BACKACHE WARNING. In itself Backache is tiresome and painful, but it is not this that should alarm you. IT IS WHAT THE BACKACHE MEANS.

There is one safe course and only one—use promptly Dodd's Kidney Pills, a remedy compounded of Nature's own curatives, for the sole purpose of curing and restoring the Kidneys. Dodd's Kidney Pills are a specific remedy, and will do the work of putting the Kidneys right promptly and thoroughly. Dodd's Kidney Pills always cure Backache.

Only a few testimonials can be given in the limited space of this book. There are thousands of others just as significant.

It was my mother who wrote and told me about Dodd's Kidney Pills. She had been using them and found that they did her good, so she recommended me to try them. I had been under a doctor, who told me my Kidneys were not acting properly. I suffered a great deal from Backache, Headache, broken sleep, stiffness of the joints, and a dragging pain across the loins. The doctor's medicine did me no good, but Dodd's Kidney Pills soon restored me to health and I am now quite well. I would never be without them, and shall always keep some by me.

(Sgd.) MRS. T. DALE,
Crosscliff Hackness, Scalby, R.S.O., York.

I suffered a great deal from backache. When I stooped I had hard work to get straight again, I was seized with dizziness, and my head would swim round so that I had to take hold of something or I should have fallen. My eyes got puffed and swollen, my head would ache, I had heart flutterings, my appetite was changeable, and my sleep was fitful and did not refresh me as it should have done. I also had cramp in the muscles of my legs, and there was a dragging heavy pain across my loins, my skin was hard, dry, and would itch and burn at night. My trouble began with backache, but I soon found that it was really Kidney-ache, and that my Kidneys were not acting properly. I was persuaded to try Dodd's Kidney Pills, and I am thankful to say they have quite cured me. I am entirely free from pain, and can go about my work with ease and comfort.

(Sgd.) JOHN WARDLE,
18, Putney Terrace, Newbiggin-by-the-Sea, Northumberland.

9th Month. SEPTEMBER 30 Days.

MOON'S CHANGES.

Last Quarter ... 3rd, 2h. 59m. morn.
New Moon ... 9th. 8h. 43m. after.
First Quarter ... 16th. 3h. 13m. after.
Full Moon ... ... 24th, 5h. 50m. after.

D. of M.	D. of W.	Sundays, Festivals and Historical Notes.	Sun Rises & Sets S H	M
1	Tu	Partridge shooting begins	R 5	14
2	F	Battle of Omdurman, 1898	S 6	43
3	S	Lord Halsbury born, 1825	R 5	17
4	S	*14th Sunday after Trinity*	S 6	39
5	M	Boer Generals rec'd at Foreign	R 5	20
6	Tu	Sir F. Abel d.,'02 [Office,'02	S 6	34
7	W	Loss of the *Captain*, 1870	R 5	23
8	Th	Nativity B.V.M.	S 6	30
9	F	Battle of Flodden Field, 1513	R 5	26
10	S	Jewish New Year (5665)	S 6	25
11	S	*15th Sunday after Trinity*	R 5	30
12	M	Rt. Hn. H. H. Asquith b.,'52	S 6	21
13	Tu	Battle of Tel-el-Kebir, 1882	R 5	33
14	W	Duke of Wellington died, 1852	S 6	16
15	Th	Liverpool & Manch'r Railway	R 5	36
16	F	Fahrenheit d., 1736 [op'd,'30	S 6	11
17	S	P.O. Savings Bank op., 1861	R 5	39
18	S	*16th Sunday after Trinity*	S 6	7
19	M	Dreyfus pardoned, 1899	R 5	42
20	Tu	Fall of Delhi, 1857	S 6	2
21	W	Edward II. murdered, 1327	R 5	45
22	Th	Sultan of Turkey born, 1842	S 5	58
23	F	Autumn commences	R 5	49
24	S	Dean Milman died, 1868	S 5	53
25	S	*17th Sunday after Trinity*	R 5	52
26	M	Lucknow day, 1857	S 5	48
27	Tu	Battle of Buçaco, 1810	R 5	55
28	W	General French born, 1852	S 5	44
29	Th	Lord Nelson born, 1758	R 5	58
30	F	Field-Marshal Earl Roberts, [K.G., V.C., b., 1832	S 5	39

Sleep.

When the tired body lies down to rest sleep should come quickly, and it should be sweet, dreamless, and satisfying.

Kidney Trouble does more to make the sleep broken and unsatisfying than any other condition. A person whose Kidneys are not well will have broken sleep, bad dreams, will start and talk in their sleep, and will often wake up more tired than when they went to bed.

Dodd's Kidney Pills quickly set the Kidneys right and remove these unpleasant symptoms. Sleep comes quickly and is natural and satisfying.

MR. CHARLES BRAITHWAITE,

Skelsmergh, Kendal.

Mr. Braithwaite was a great sufferer from Backache, and for a long time he was unable to move hand or foot.

"It would come upon me without a moment's warning, and I had to go about for days half doubled up, and my back was so bad that I didn't dare to turn round in bed. I had a doctor, and took a deal of medicine, but all to no purpose, I did not seem to get anything to do me good.

"I then began taking Dodd's Kidney Pills, and they gave me relief from the first. I kept on with them, and I can truly say Dodd's Kidney Pills have quite cured me. I have never had an ache or pain since taking them, nor have I ever been off work, and although I have frequently got wet through and had to work in my wet clothes for hours, yet I have had no sign of a return of my old trouble, so I can say that my cure was a permanent one."

BE WISE IN TIME.

VIGOUR,

Vitality, strength, courage, or what is it? The feeling of buoyancy and bounding good health; you wake up in the morning bright and feel like singing or whistling; your work is a pleasure to you, and life seems worth living. You are ready for anything, and everything seems to come right with you, just how you would wish it to be, and nothing seems to worry.

You can remember when you used to feel like that every day. Why don't you feel so now?

Why are you listless and heavy and tired and weak and beginning to wonder if you are getting lazy or not?

YOU ARE POISONED.

Your Kidneys are out of order, and are allowing the Kidney Poison to escape through your system, destroying your health and gradually impairing your vitality.

You may regain that lost feeling of perfect health by restoring your Kidneys to their old time state of health and activity.

Dodd's Kidney Pills are the surest, quickest, and most permanent cure for all Kidney ailments.

Dodd's Kidney Pills will bring back that vigour, buoyancy, and bounding good health you thought you had lost for ever.

WATCH IT.

The passing of the urine should be accompanied by no other sensation than one of pleasant relief. It should flow freely from the moment the opportunity is offered till the bladder is emptied. There should be no hesitation. There should be no straining or forcing or pain or burning sensation before, during, or after urination.

This is an indicator which anyone may watch for himself. If the urine is not voided naturally, freely, and without pain or hesitation you need not ask the doctor whether your Kidneys need help or not. You may be sure they do. Your Kidneys are weak. Dodd's Kidney Pills are the one safe, sure, and perfect remedy.

If not corrected promptly these symptoms are sure to be followed by a breakdown.

Correct them now with DODD'S KIDNEY PILLS. DON'T DELAY.

I feel I cannot speak too highly of Dodd's Kidney Pills, as I have derived great benefit from them. I suffered for many years with dreadful pains in my back. I tried local doctors, and took a lot of medicine, but I got very little benefit. I could not keep any solid food in my stomach, and after every meal I was in agony. I was often seized with dizziness in my head, fluttering of the heart, and I was greatly distressed with a troublesome cough. At last I had to give in and take to my bed. While I was in this state I read about Dodd's Kidney Pills, and the good they had done others. I sent for a box at once and commenced taking them. The benefit I derived was wonderful. I persevered with them, and after taking four boxes the pain quite left my back and I was able to get up. I kept on with the Dodd's Kidney Pills, and now I am quite a different man, I can eat and drink anything with pleasure, and I want all other sufferers to know what Dodd's Kidney Pills will do for them.

(Sgd.) CHRISTOPHER TREWHELLA,
14, Penmark Row, Hirwain, Nr. Aberdare, S. Wales.

I am proud to make the following statement with regard to Dodd's Kidney Pills. Some time ago I strained my kidneys, and in addition I caught a very severe cold, the result was I suffered greatly from pains in my back, sick headaches, loss of appetite, stiffness of joints, and cramp in my muscles. My sleep was broken and unrefreshing. I used to perspire with the least exertion. I suffered from unusual thirst, and there was a heavy dragging feeling across my loins. I tried Dodd's Kidney Pills, and I am pleased to say they gave me relief from the first few doses. I persevered with them, and now the pains have entirely left me, and I am quite cured.

(Sgd.) THOMAS BENNETT,
Woolmer Green, Nr. Stevenage, Herts.

10th Month **OCTOBER.** 31 Days.

MOON'S PHASES.

Last Quarter ... ... 2nd, 1h. 52m. after.
New Moon ... ... 9th, 5h. 25m. morn.
First Quarter ... ... 16th, 5h. 54m. morn.
Full Moon ... ... 24th, 10h. 56m. morn.
Last Quarter ... ... 31st, 11h. 13m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S H M
1	S	6d. Telegram instituted, 1885	R 6 2
2	⛧	18*th Sunday after Trinity*	S 5 35
3	M	J. Lyon, fr. of Harrow, d..1592	R 6 5
4	Tu	New River completed, 1614	S 5 30
5	W	M. Zola buried, 1902	R 6 8
6	Th	Lord Tennyson died, 1892	S 5 26
7	F	O. W. Holmes died, 1894	R 6 12
8	S	John Kensit died, 1902	S 5 21
9	⛧	19*th Sunday after Trinity*	R 6 15
10	M	Nansen born, 1861	S 5 17
11	Tu	Battle of Camperdown, 1797	R 6 18
12	W	Edward VI. born, 1537	S 5 12
13	Th	Henry VII. crowned, 1435	R 6 22
14	F	Fire Insurance expires	S 5 8
15	S	Greg. Calendar intro'd, 1582	R 6 25
16	⛧	20*th Sunday after Trinity*	S 5 4
17	M	Lord Selborne born, 1859	R 6 28
18	Tu	St. Luke	S 4 59
19	W	Dean Swift died, 1745	R 6 32
20	Th	Turkish Fleet destroyed, '27	S 4 55
21	F	Battle of Trafalgar, 1805	R 6 35
22	S	Samoa Award, 1902	S 4 51
23	⛧	21*st Sunday after Trinity*	R 6 39
24	M	Mich. Law Sittings begin	S 4 47
25	Tu	King's S'th Lon. proc., 1902	R 6 42
26	W	Thanksgiving Service, 1902	S 4 43
27	Th	President Roosevelt b., 1858	R 6 46
28	F	[Duchess of Teck d., '97	S 4 39
29	S	Mj.-Gl. Ld. Dundonald b.,'52	R 6 49
30	⛧	22*nd Sunday after Trinity*	S 4 36
31	M	Hallowe'en	R 6 53

The Secret.

Year by year Dodd's Kidney Pills are becoming more popular. The consumption of this remedy in Great Britain is now ten times what it was three years ago. The demand is steadily increasing. There must be some reason for this.

It is because Dodd's Kidney Pills do all and more than is claimed for them. They succeed on their merits. Their cures are lasting and satisfactory.

It is because Dodd's Kidney Pills are an honest remedy that never disappoints. They make good friends wherever they are introduced, and keep their good friends for ever.

MR. WM. PRITCHARD,

The Marsh, Wellington, Nr. Hereford.

"Three years ago I suffered from Dropsy and Rheumatism. My body swelled and filled with water, my breath was short, I had cramp in my muscles and limbs, dark circles under my eyes, bloated face in the morning, fitful sleep and bad dreams, I tried all sorts of medicines, but they did me no good. I had to give up my work and go under a doctor. He told me I had Rheumatism, and advised me to go into a hospital, which I did, and there underwent seventeen weeks' treatment, and was tapped seven times. When I came out of the hospital I was as bad as ever, but when I got home my wife persuaded me to try Dodd's Kidney Pills. After the first few doses I began to feel the water leaving me; it was such a relief that I kept on with the Pills, now there is no swelling, I have no aches or pains, and I feel like a different man. Dodd's Kidney Pills saved my life."

KEEP DISEASE AT BAY.

DID you ever pause to think why such diseases as Influenza (or La Grippe, as it is sometimes called) make such inroads on the community and sweep so many people into the grave?

It is because in these days of hurry and rush people do not pay enough attention to their general health. So long as they can keep up somehow, they have not time to consider such little things as headaches, general tiredness, slight pains in the back, or any of those other gentle hints that the system gives, when it is run down and out of order.

So long as people can keep going, they go. But their bodies, weakened by the constant struggle to keep going, are not fit to fight any contagious disease that happens along.

Hence, influenza, colds, etc., sweep over the country like an epidemic. Some go to bed and after a fight and a rest take up the struggle again. Others go to bed never to rise again. Their weakened bodies, not fit to fight, yield and die.

The lesson this teaches, no man or woman can afford to neglect.

Disordered Kidneys invite disease.

Tone up the body, keep it strong and healthy, and you can laugh at the colds and chills that are the terror of weaker people.

And the greatest tonic of the age is Dodd's Kidney Pills.

They are not a stimulant with after-effects to be dreaded. They act naturally, and to the best advantage.

They put the Kidneys in order to do their work thoroughly. The corrected Kidneys remove all impurities from the blood, and the life stream tingles pure and strong to every part of the body. It gives the body life, strength, and vigour, and the colds and coughs that breed pneumonia are shaken off before they have time to gain a foothold.

Fight disease as you would any other enemy, whilst it is outside.

Disease is the enemy of the body. Keep him on the outside, and fight him there. By using Dodd's Kidney Pills you can throw up fortifications of general health that he will find it impossible to overcome.

Dodd's Kidney Pills cure the sick; but they do more. They make the body strong enough to keep disease at bay.

For four years I suffered from Kidney Trouble, but I am glad to say I am quite well now, for Dodd's Kidney Pills have cured me. I used to be subject to severe pains in my back and loins; when I stooped I found it difficult to get straight again, and my back would often ache for days together. I was troubled with shortness of breath and sleeplessness, and my household duties were a burden to me. But I am a different woman to-day, and I have only Dodd's Kidney Pills to thank for this.

(Sgd.) MRS. H. HILLS,
14, Vange Hall Cottages, Vange, Nr. Pitsea, Essex.

I cannot say too much in praise of Dodd's Kidney Pills, for I have derived great benefit from them. Last November I was laid up with pains in my back and side. If I stooped I could not get straight again, for when I attempted to raise myself up it seemed as if my back was coming in two. I could not sleep at night, and in the morning I felt so tired and weary that I was not fit for anything. I had advice, and tried all kinds of remedies, but they did me no good. This was my condition when I commenced taking Dodd's Kidney Pills. They have done wonders for me, for since I took them I have not had a pain or ache in my back, and I feel like a new man. I may also say that my wife was a great sufferer from pains between her shoulders and across the loins. If she caught the least cold, it would settle in her back and she would be bad for days. I persuaded her to try Dodd's Kidney Pills, and I am happy to say they have completely cured her also. I have recommended Dodd's Kidney Pills to all my friends, and you may publish this for the benefit of other sufferers.

(Sgd.) S. B. CORDER,
Brook Street, Little Dunmow, Essex.

11th Month NOVEMBER. 30 Days.

MOON'S PHASES.

New Moon ... ... 7th, 3h. 37m. after.
First Quarter ... 15th, 0h. 36m. morn.
Full Moon ... ... 23rd, 3h. 12m. morn.
Last Quarter ... 30th, 7h. 38m. morn.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	
			H	M
1	Tu	All Saints Day	R 6	55
2	W	Jenny Lind died, 1887	S 4	30
3	Th	Mikado of Japan born, 1852	R 6	58
4	F	City and Stockwell Electric	S 4	27
5	S	[Railway opened, 1890	R 7	2
6	✠	*23rd Sunday after Trinity*	S 4	23
7	M	Gen. Bindon Blood b., 1842	R 7	6
8	Tu	Ger. Emperor visited Eng. '02	S 4	20
9	W	King's Birthday (1841)	R 7	9
10	Th	Duke of Fife born, 1849	S 4	17
11	F	Half Quarter Day	R 7	13
12	S	Lord Rayleigh, F.R.S. b., 1842	S 4	14
13	✠	*24th Sunday after Trinity*	R 7	16
14	M	Gl. Sir H. Gough, V.C. b., '33	S 4	11
15	Tu	S. Machutus	R 7	20
16	W	Pr. Edward Saxe Weimar d.,	S 4	8
17	Th	Suez Canal op., 1869 [02	R 7	23
18	F	Duke of Wellington bur., '52	S 4	5
19	S	Great Fire in Cripplegate, '97	R 7	26
20	✠	*25th Sunday after Trinity*	S 4	3
21	M	Empress Frederick born, 1840	R 7	30
22	Tu	Lord Clive died, 1774	S 4	1
23	W	Sir G. Parker born, 1862	R 7	33
24	Th	Tasmania discovered, 1642	S 3	59
25	F	Rt. Hon. J. Chamberlain left	R 7	36
26	S	[for S. Africa, 1902	S 3	57
27	✠	*1st Sunday in Advent*	R 7	39
28	M	Battle at Modder River, 1899	S 3	55
29	Tu	Sir F. C. Burnand born, 1836	R 7	42
30	W	S. Andrew	S 3	53

An Insurance Policy.

Dodd's Kidney Pills are an insurance policy against Disease. Many companies there are who will agree for a certain sum, to pay you half you can earn in the regular way in case of disability, on a payment of a small premium. Dodd's Kidney Pills will tone up your system so that you can earn full pay all the time. They also make work a pleasure. An insurance policy of that kind is worth having. Dodd's Kidney Pills are 2s. 9d. a box; six boxes for 13s. 9d. Of all Chemists and Drug Stores, or post free on receipt of price.

MR. E. JARVIS,

Dence Green, Gamlingay, nr. Sandy, Cambs

"I am employed at the Belle Vue Brick Works, and my work is very laborious. Four years ago I was stricken down with Kidney Disease. My blood became thin and poor, my breath was foul, I could not sleep at night, I suffered from pains in my back, and I could not stoop or straighten myself up. I had to give up my employment and place myself under doctor's hands. I continued the treatment for a long while without getting the slightest benefit, but hearing of Dodd's Kidney Pills, I resolved to give them a trial. I procured a box and commenced taking them, and soon discovered that they were doing me good. I took six boxes in all, and they completely cured me. I am happy to say I now enjoy the best of health, my old trouble has gone for ever, I am well and strong again, and able to take my place in the Brick Works once more, and my fellow workers are astounded at the wonderful cure Dodd's Kidney Pills have made in me."

HELP THE AGED.

IF you could be brought to the offices of the Dodd's Medicine Company, and allowed to look over the thousands of letters received from those whom Dodd's Kidney Pills had relieved of pains and aches, and brought from illness to good health, the first thing that would strike you would be the number of letters written by aged people.

These veterans in the battle of life, who have borne the brunt of years of toil upon their shoulders, feel, as the evening of their days draw near, the effects of the toil and privations of their earlier days.

Theirs was the exposure, the hard, unceasing toil that wears the body away and leaves it stricken with the ills that flesh is heir to. And the wear and tear of life acts first on the Kidneys.

Rheumatism, Lumbago, Gout, Backache, Bladder and Urinary Troubles, Lack of Vigour and Vitality, Nervous Troubles —are not these the ills to which the aged are subject? Are not these ills resulting from disordered Kidneys?

The Kidneys of the youthful may be out of order; the Kidneys of the aged are almost always sure to be tired or worn out.

Dodd's Kidney Pills put them in good order, and the stream of life purified leaps anew through the veins. The veteran man or woman feels again the thrill of youth, and feels in a warm sunset of life the joy of living.

That is why from the aged men and women comes a stream of letters which shout aloud the joy of the writers. "I feel young again," is their theme.

Dodd's Kidney Pills make comfortable good health possible to old men and women. Dodd's Kidney Pills prolong life.

Dodd's Kidney Pills are the old people's truest friend.

"My father suffered for years from Dropsy and Rheumatism," writes Miss Hammond, of The Street, Compton, Surrey. "He is 76 years of age, and is employed as a gardener. He suffered from Cramp, and at times his legs would swell to such a size that he could hardly stand. He took all sorts of remedies, but they did him no good, and at last the Doctor told him he would never be able to get about again. Now I had been taking Dodd's Kidney Pills for Rheumatic Gout, and I knew what a lot of good they had done me, so I persuaded my father to try them. He did so, and I am pleased to say has quite recovered his health. He walks to and from his work without the least fatigue, and the Dropsy and Rheumatism have quite disappeared."

(Sgd.) MABEL L. HAMMOND.

I am 70 years of age, and I doctored for years for Rheumatism, but got no relief till I tried Dodd's Kidney Pills. Before I took these Pills I lay in bed for weeks. My hands were so thin you could almost see through them, and I thought I should be carried to my grave. I had Bronchitis and Heart trouble, but Dodd's Kidney Pills have relieved me of all these, and in spite of my age have made me feel like a new woman, and since taking them I have actually gained flesh.

(Sgd.) MRS. W. READ,
Priory Hill, Kersey, Nr. Ipswich.

I am in my seventy-first year, and suffered for a good many years from Diabetes. I tried numerous remedies, but without getting any benefit from them. I was then persuaded to try Dodd's Kidney Pills. I procured a box and commenced taking them at the rate of three Pills per day, and soon found that even this number did me good, and the Diabetic symptoms began to disappear. I kept on with the Pills, increasing the dose, and obtaining greater benefit, and now I am pleased to say that I am almost cured. Considering my age, and the many years I have suffered, I think Dodd's Kidney Pills have performed wonders.

(Sgd.) A. W. RADFORD NORCOP,
Betton Hall, Market Drayton.

For more than half my life (thirty-four years in fact) I suffered from Rheumatism. When I was so bad that I could not dress without assistance, I started taking Dodd's Kidney Pills, and they have completely cured me.

(Sgd.) SAMUEL HORNER,
Shellbrook Farm, Bishop's Stortford, Herts.

12th Month DECEMBER. 31 Days.

MOON'S PHASES.

New Moon ... ... 7th, 3h. 46m. morn.
First Quarter ... 14th, 10h. 7m. after.
Full Moon ... ... 22nd, 6h. 1m. after.
Last Quarter... ... 29th, 3h. 46m. after.

D of M	D of W	Sundays, Festivals, and Historical Notes.	Sun Rises R Sets S	H	M
1	TH	Queen's Birthday (1844)	R	7	45
2	F	St. Paul's opened, 1697	S	3	52
3	S	Lord Leighton born, 1830	R	7	48
4	S	*2nd Sunday in Advent*	S	3	51
5	M	[Sir W. MacCormac died, '01	R	7	51
6	TU	Anthony Trollope died, 1882	S	3	50
7	W	Gen. Buller, V.C., born, 1839	R	7	53
8	TH	Sir G. Birdwood born 1832	S	3	50
9	F	Milton born, 1608	R	7	56
10	S	Grouse Shooting ends	S	3	49
11	S	*3rd Sunday in Advent*	R	7	58
12	M	Robert Browning died, 1889	S	3	49
13	TU	Dr. Johnson died, 1748	R	8	0
14	W	Prince Consort died, 1861	S	3	49
15	TH	Battle of Colenso, 1899	R	8	2
16	F	Lt. F. H. S. Roberts died, 1899	S	3	49
17	S	Ld. Geo. Hamilton born 1845	R	8	3
18	S	*4th Sunday in Advent*	S	3	50
19	M	Sir F. Lockwood died, 1897	R	8	4
20	TU	Battle of Suakin, 1888	S	3	50
21	W	Michaelmas Law Sittings end	R	8	6
22	TH	Winter commences	S	3	51
23	F	Lord Roberts sailed for South	R	8	7
24	S	J. Morley b., '38 [Africa,'99	S	3	53
25	S	*Christmas Day*	R	8	7
26	M	Boxing Day	S	3	54
27	TU	St. John	R	8	8
28	W	Holy Innocents Day	S	3	55
29	TH	Gladstone born, 1809	R	8	8
30	F	Rudyard Kipling born, 1865	S	3	57
31	S	President Loubet born, 1838	R	8	8

Bladder Trouble.

There is positively no case of Bladder Trouble that Dodd's Kidney Pills will not almost immediately relieve and permanently cure. Those who suffer in this way can make no mistake in using the remedy that has cured thousands of the most severe cases. They prove that the one safe, sure and permanent cure for Bladder Trouble is Dodd's Kidney Pills. Nothing can be more convincing than the testimonials of the many who have been cured by Dodd's Kidney Pills. They cure perfectly and permanently.

MR. ROBERT M. COOPER,

24, Boghall Street, Stonehouse, Lanarkshire.

Mr. Cooper is 84 years of age, having been born in 1820.

He enjoyed the best of health until at last the long years of toil began to tell upon him, when he found that his Kidneys were giving out:—

"I was attacked with bad pains in my back and side; I could not stoop, but if I did I had hard work to straighten up again. I was very short of breath, would get dizzy, and I seemed to have no life or strength in me.

"I knew that my Kidneys were the cause of the trouble. I heard of Dodd's Kidney Pills and resolved to try them, and am pleased to say that since taking this wonderful medicine I am quite restored to health, and can still work in the garden as well as ever I did."

Even now, at the age when most men would be forced to give up, Mr. Cooper, who is hale and hearty, is often to be seen working in his own or children's garden—it is his pleasure and delight. He owes his splendid health and unfailing vigour to Dodd's Kidney Pills.

LITTLE BEGINNINGS.

GREAT oaks from little acorns grow. Disease always begins in a small way. Some little, scarcely noticeable symptom is not attended to and gradually develops till it controls the whole body and brings the careless owner to premature death.

Men and women disregard warnings, postpone treatment, wait for disease to correct itself, till too late.

It's the little things that count most. It's the trifling symptoms that should not be trifled with. In themselves they don't amount to much, but they lead to the grave.

The great fire of Chicago, America, in which the city was almost entirely destroyed, was caused by the overturning of a lamp in a cowshed, which furnishes another instance of how great disasters often spring from small beginnings.

Your little simple headache, backache, urinary trouble, or tired feeling (see page 2) may not seem very important, and yet if you do not attend to the warning and check it at once, it is sure to grow to something much more dangerous and fatal. Kidney Diseases, Bladder Troubles, Dropsy, Rheumatism, Diabetes, and Bright's Disease have no other early symptoms. It is the only way in which their coming is made known.

An ounce of prevention is worth a pound of cure. There is one and only one wise thing to do. The very moment any of these little symptoms appear, use Dodd's Kidney Pills, the remedy that always cures. Your prompt attention may save you from years of pain or suffering, or **may be from death.**

For years I suffered from sick headaches that seemed to wear my life out. That was the beginning of my trouble. I could not think what ailed me, and I tried all sorts of headache remedies without effect. I had pains in my body, a nasty, bitter taste in my mouth, especially in the morning, and I felt very low-spirited and depressed. But hearing of Dodd's Kidney Pills I thought I would try them, and I bless the day I did. They completely cured me, and I cannot speak too highly of them. My health is quite restored now, and this I owe to Dodd's Kidney Pills.

(Sgd.) MRS. M. M. CHANDLER,

Croxton, Nr. St. Neots, Hunts.

I suffered for a long time from acute Neuralgia and sleeplessness. The pain at times was almost unbearable, and though I tried various remedies I seemed to get no relief. At last I was persuaded to try Dodd's Kidney Pills, and I am pleased to say they have had the most beneficial results, completely relieving me of the Neuralgia. I now sleep well at night, and awake refreshed in the morning.

(Sgd.) MISS A. DANIELS,

Flint Cottage, Chigwell, Essex.

I have nothing but praise for Dodd's Kidney Pills; they cured me of a very severe attack of Kidney disorder. I used to be troubled with dull, heavy pains in my back, just across the Kidneys, which would last for months together, and seemed to almost wear me out. I could hardly crawl about the house some days, and I did not know what to do for the best, for I tried all sorts of remedies, but they failed. I had heard of the good Dodd's Kidney Pills had done to others in a similar state, and I resolved to give them a trial. I therefore got a box and commenced taking them at once. The effects were soon noticed, for the pains began to leave me, and now I am pleased to say that Dodd's Kidney Pills have quite put me right again, and I have no longer any sign of the old trouble. I hope other poor sufferers will give Dodd's Kidney Pills a trial, and benefit from them as I have done.

(Sgd.) MRS. GREEN,

Arundel Road, Angmering, Worthing.

When I was called up to join my regiment I was rejected on account of Kidney Trouble. I then took Dodd's Kidney Pills, which completely cured me. I volunteered for service, passed the doctor all right, went out to South Africa, and was at Bethulie Bridge for two years. I returned home well and entirely free from my old trouble, thanks to Dodd's Kidney Pills.

(Sgd.) SERGEANT KELLY,

(Late) 4th Batt. Cheshire Regt.

39, Stewart Street, Heaton Norris, Stockport.

THE BEST ARGUMENT.

WE have said something of what Dodd's Remedies can do. But after all, this is only a *claim* and it is perhaps too much to expect a dying man or woman to believe such claims; but we go further, we *prove* by the evidence of tens of thousands of honest men and women who were ill but are now well through the use of Dodd's Kidney Pills, and have volunteered their testimony that *they do cure.* Only a few sample cases are published in this book, but in our Magazine and in the newspapers every day cures are reported from every part of the country. These must convince you. The full names and addresses appear in every case, and if you doubt any of them, investigate and prove for yourself that they are the genuine life-stories of living people who know what they are talking about. *If you write enclose stamp for reply.*

I suffered terribly from Kidney trouble and pains across my back. At times these were so severe that I could hardly move. If I tried to lift anything the pain would dart through me, and I often had to hold something to pull myself up. At first I did not know what was the cause of my trouble, but I found that it came from the Kidneys, so I resolved to try Dodd's Kidney Pills. I did so, and derived the greatest benefit from them, they quickly relieved me of the pain, and I am now like a new man. I desire this testimony to be published for the benefit of other sufferers.

(Sgd.) J. BOOTE,

14, Church Street, Newtown, Chester.

I had Rheumatic Fever five times in six months. I tried nearly every remedy I could think of, but all failed to do me any good. I got so bad I could not follow my employment, and I was doubled up with pains. But I read of a case of a young shoemaker who was cured of Rheumatism by Dodd's Kidney Pills, and I thought I would give them a trial. I sent for a box, and when it was finished, I certainly felt better; I then started a course of Dodd's Kidney Pills, and I kept on taking them until I am pleased to say, the Rheumatism has left me, and I am back at my work again as well as ever I was in my life. Thanks to Dodd's Kidney Pills I am completely cured.

(Sgd.) FRANK TOMBS,

Gwerna Vaur, Maes-y-cwmmer, via Cardiff, Monmouthshire.

I have much pleasure in stating that I used Dodd's Kidney Pills for some time and derived great benefit from them, in fact, they made me quite a different woman. I suffered for years from dreadful pains across my back, my limbs were heavy, I was always drowsy and disinclined for work. If I took the least exertion I would perspire freely, my breath was short, and I was easily tired. I grew very nervous, and did not know what ailed me. But I was advised to try Dodd's Kidney Pills, and I am glad I did, for they restored me to health in a wonderful short time, and I have not felt anything of my old trouble since.

(Sgd.) MISS F. HARRIS,

Sandon, Royston, Herts.

I cannot speak too highly of Dodd's Kidney Pills. They cured me when everything else failed. I had severe pains in my back, and when I stooped I found it hard to get straight again. I was always tired, drowsy, and listless. There was a heavy dragging feeling across my loins, and I was low-spirited and depressed. At first I did not know what ailed me, but I soon found that my Kidneys were not acting properly. I then commenced taking Dodd's Kidney Pills, they gave me relief from the first, so I kept on with them. I have now lost all the pains, and I can truthfully say Dodd's Kidney Pills have completely cured me.

(Sgd.) MRS. K. LINTHORN,

Rimpton, Bath.

I have much pleasure in stating that the Kidney Pills I had from you gave me instant relief. I now consider them invaluable for pains in the back. When I decided to give Dodd's Kidney Pills a trial, I was suffering from severe pains in the back, and quite unable to move or get upright without great pain. I sent for a box of your Pills and took them according to directions. The first dose gave relief, and before I had finished the box I was able to get about with ease. I continued the treatment till now I am quite well again and, thanks to Dodd's Kidney Pills, I am completely cured.

(Sgd.) MRS. L. HOWELL,

Hill Farm, Heveningham, Yoxford Suffolk.

DYSPEPSIA.

WHAT is Dyspepsia? It is Indigestion in an advanced stage, or Chronic Indigestion. Nearly everybody knows the symptoms, the majority have learned through experience.

Here, however, are a few of the more common of them. Some who have a few of the milder ones may pick them out and, warned of the consequences, may seek relief before the disease fastens on them in all its terrible earnestness :—

Pain in the chest after meals, feeling of weight and discomfort, flatulence or gas, pain in the stomach, loss of appetite, distaste at sight of food, giddiness, dry cough, nasty taste in the mouth, nervousness, acidity, heartburn, hiccough, flushings in the face, headache, specks before the eyes, feeling of inertia, low spirits, inability to work well, eruptions on the skin, such as nettle rash and redness of the nose, drowsiness, sleeplessness, palpitation and constipation, gurgling noises in the bowels, with pain in right side just above the groin, fidgeting, neuralgia pain over the heart, foul breath, fluid rising from the stomach, sallow complexion, etc., etc.

DANGERS OF DYSPEPSIA.

In these later days when nearly everyone has a touch of Indigestion few people stop to think what dangers really follow in the train of this most discomforting of all complaints.

Perhaps the matter is better set forth in a lecture delivered in London last January by Dr. Sir James Crichton Browne than in any other way. This eminent medical authority dilated upon the decay in the digestive faculties of man to which a number of diseases could be charged. He said :

"Not only have modern men not got such teeth as their ancestors had, but their saliva is less abundant owing to the softer, pulpier foods that are eaten. People are living to an increasing extent upon peptonised foods. The increase of appendicitis is largely due to indigestion resulting from imperfect mastication and the hurried methods of living. From the same cause people are less able to resist disease."

The lesson this teaches must not be neglected. It means that the body must be fortified against disease by keeping the stomach strong and healthy. It means that if you would ward off Appendicitis you must guard against Indigestion and Dyspepsia. It means that you should use Dodd's Dyspepsia Tablets. The testimony of thousands proves this to be the one sure and permanent cure for Indigestion and Dyspepsia.

REMEMBER

That Dyspepsia is always the result of lesser stomach derangements. Bad as yours may be it can still get worse. It carries Appendicitis in its train.

It is frequently caused by faults in the food ; the use of too much pastry ; eating too fast or too much ; tobacco, alcohol.

No matter what the cause, there is one positive relief and cure, Dodd's Dyspepsia Tablets.

Dodd's Dyspepsia Tablets have cured thousands of cases just as bad as yours.

I have nothing but praise for Dodd's Dyspepsia Tablets. For years I suffered from Indigestion, bad stomach, pains in the chest after meals, heartburn, and severe headaches. These troubles made my life a misery to me, and I got so bad that the very sight of food turned me against it. I was really afraid to eat for fear of the pain it would bring on. My stomach was in a bad state ; always sour and painful. After every meal I had heavy pains in my chest, as if a weight was pressing upon me. I tried many medicines, but they did me no good. I was persuaded to try Dodd's Dyspepsia Tablets, and I am glad I did so, for they have completely cured me.

(Sgd.) J. HOLLINGSWORTH.

Oasby, Grantham.

Dodd's Dyspepsia Tablets.

"Take Heed of Your Stomach."

THAT is the warning the highest medical authorities are giving to the world to-day, but how many are heeding that warning? Alas! very few. Too long have we been in the habit of neglecting and trifling with the stomach. In the strife and bustle of business life we have contracted the habit of eating our meals hurriedly, never allowing the proper time for mastication or digestion of our food.

But the outraged stomach in time rebels. The people of this country are rapidly becoming Chronic Dyspeptics. The Dread Disorder which most people call Indigestion, but is really Dyspepsia, is fast gaining ground amongst us, sapping away all the happiness and joy of life.

The stomach is the granary of the body, and as a nation's first duty is to guard the national granary against a threatened invasion, so each man's duty is to guard the body's granary against an assured invasion of disease.

Although it does not follow that if the stomach is right the body will be right, still it is certain that if the stomach is not right the body cannot be right.

IF THE STOMACH IS NOT RIGHT THE DIFFERENT ORGANS AND MUSCLES CANNOT RECEIVE THE NOURISHMENT THEY REQUIRE. THEY BECOME STARVED AND WEAK AND UNABLE TO FULFIL THEIR FUNCTIONS.

It is when parts of the body become weak that they are unable to resist disease. It is then they breed disease on their own account.

Rules of eating vary. One doctor will tell you that a certain kind of food should not be used; another will prescribe the very food the first prohibits. All this teaches the truth of the old adage, "What is one man's meat is another man's poison"

Simple Rules.

There are some old, simple rules that every man, woman, and child should follow:

Eat slowly and masticate every mouthful of food thoroughly before swallowing it.

Never drink while eating. By drinking the digestive juices are diluted and weakened.

Take half an hour's rest after eating.

Take plenty of out-door exercise.

Don't drink anything too hot or too cold.

But even if these rules are carefully followed out, the stomach will occasionally get out of order. The outside influences that affect it are numerous. A nervous strain such as undue excitement will attack the stomach; a prolonged period of mental work will not pass it untouched.

And once the stomach signals its distress, take heed to it. If the fault is not corrected at once, pain, suffering, perhaps death, are bound to follow.

It was to meet such emergencies that Dodd's Dyspepsia Tablets were produced. To them has been detailed the work of resting the tired stomach, and bringing it back to a sound and healthy condition. To do this they take the work of digestion off the stomach and give the latter a chance to recuperate.

I suffered for a long time from acute Indigestion, and my food seemed to disagree with me, and after a meal I endured a long period of intense pain. I got to such a state that I was almost afraid to eat anything; I lost my appetite completely, and I grew very weak; I was often seized with sickness and dizziness, and I hardly knew how to keep up at all. This was the state of my health when I was induced to try Dodd's Dyspepsia Tablets, which gave me relief right from the very first, and finding that they were suited to my complaint I kept on with them, and I feel that they have done me a world of good. Several of my friends assure me that they are surprised to see how much better I am since I have taken Dodd's Dyspepsia Tablets, and I have nothing but praise for this very valuable medicine.

(Sgd.) MRS. JONES,
9, Meyrick Road, Sheerness, Kent.

ABSOLUTE PROOF.

DODD'S DYSPEPSIA TABLETS are the Greatest Remedy for Dyspepsia science has ever produced. Those who have tried Dodd's Dyspepsia Tablets know their virtues so well, that they are never tired of singing their praises to all their friends, but those who have not yet tried these Tablets and are suffering from Dyspepsia and kindred complaints, can have no conception of their wonderful curative properties.

Dodd's Dyspepsia Tablets are entirely unlike any other medicine sold for the same purpose. They not only give relief to the sufferer, but they cure, and cure permanently, all forms of Indigestion, Flatulency, Pains in the Stomach, Coated Tongue, Acidity and Heartburn, Pains in the Chest, Fulness after Meals, Flushings of the Face, Wind, Distaste for Food, and all the many other distressing symptoms of Dyspepsia.

But *claim* is one thing, *proof* is another. What we have said above is our *claim* for Dodd's Dyspepsia Tablets, below we give *proof* of our assertions in the indisputable testimony of those who have used this great remedy, and who have proved by their own experience what it will do. Their statements are convincing. They are made with one object, and one object only, namely, to let other sufferers know how to obtain relief.

I am pleased to testify to the benefits I have received from taking Dodd's Dyspepsia Tablets. About two years ago I had a long illness, and when I recovered and was getting about again, I suffered very much from indigestion. Nothing that I ate seemed to do me any good, and the little food I managed to swallow laid like a weight upon my chest, in fact I became so bad that I was afraid to eat anything. I tried several medicines, but they failed to give me relief, and I continued to suffer until my life became a misery. But one day my husband read in the "Home Journal" about Dodd's Dyspepsia Tablets, and how they had cured so many people who suffered in the same way, he urged me to try the remedy, and procured a box for me, I took them according to the directions, and after a little while I found myself improving, I could eat and enjoy my food, and that depressing feeling entirely left me; I kept on with Dodd's Dyspepsia Tablets, and I am pleased to say that they have completely cured me. I have not the least sign of a return of the old trouble, my general health has improved so much that when my friends see me they wonder what makes me look so much better, I tell them it is entirely due to Dodd's Dyspepsia Tablets.

(Sgd.) MRS. M. A. BARTHOLOMEW,
Toll Farm, Withyham, Tunbridge Wells.

For 15 years I was a great sufferer from Chronic Indigestion. My appetite was changeable, mostly very poor, and what little food I ate did me no good, for it lay like a weight on my chest, and at times the pain was unbearable. I could not endure the sight of food for it meant agony for me after having eaten it. I tried changing my diet, and took all sorts of remedies but they did me no good. I then commenced taking Dodd's Dyspepsia Tablets and they gave me relief at once. I kept on with them, and I am pleased to say that they have now completely cured me, and I would recommend them to all who suffer as I did.

(Sgd.) MRS. THOS. DUNSTAN,
25, Cray Waterworks, Brecon, S. Wales.

I want to let all sufferers know the great relief I received from taking Dodd's Dyspepsia Tablets. I suffered very much with Wind and Indigestion, and I could scarcely get about. I got so weak and bad that I thought I should have to lay up, and I was positively frightened to eat, for I knew what I should have to endure after my meal. Other medicines seemed to do me no good, but Dodd's Dyspepsia Tablets cured me, and my health is now completely restored. I recommend these wonderful Tablets to all fellow sufferers.

(Sgd.) W. NORMAN,
Sydney, Guyhirn, Nr. Wisbech.

Dyspepsia held me in its grip for a long time. I suffered from bad breath, broken and unrefreshing sleep, foul taste in my mouth in the morning, heavy drowsy feeling after meals, fatigue after the least exertion, and a weary all-gone sensation that made it very hard for me to keep up to my work. I saw a doctor and tried different remedies, but nothing did me any good till I took Dodd's Dyspepsia Tablets. They soon put me right, and I have not had any sign of the old trouble returning since. I consider Dodd's Dyspepsia Tablets a grand remedy.

(Sgd.) RICHARD G. DAY,
Larches Farm, Fladbury, Pershore.

For a long while I was a great sufferer from Indigestion, Pains in my Chest, Fulness after Meals, Headaches, etc. All the food I ate seemed to lay like a weight across my chest, depressing me and making me feel tired, languid, and fit for nothing. I knew that my trouble was caused through Indigestion, and although I tried everything I could think of, nothing seemed to do me any good. I then decided to try Dodd's Dyspepsia Tablets, having heard them spoken of as a good remedy, and I must say that they have proved highly satisfactory in my case. I have taken them on and off for some time with the best possible results; I have no pain whatever in my chest now, and all my food seems to digest quite easily, and to nourish and strengthen me, therefore, I cannot but speak highly of Dodd's Dyspepsia Tablets, for they have done me such a lot of good.

(Sgd.) MISS ARTHUR,
Red Lion Hotel, St. Columb, Cornwall.

Printed by BOOT AND SON, LTD., Fleet Lane, Old Bailey, E.C.

CAUTION!

BRASS is never imitated. Gold is often counterfeited. When Dodd's Kidney Pills were discovered and first put on the market, there was no other Kidney Pill offered. But just as soon as Dodd's Kidney Pills began to cure hitherto incurable cases of Kidney Disease, and to attract the attention of the world by their miraculous work, imitators sprang up everywhere. These attempts at imitation only attest the worth of the original Kidney Pill—**Dodd's.** When Dodd's Kidney Pills were put on the market the public were offered for the first time a Kidney medicine in pill form. **Dodd's** is the original Kidney Pill. It is the only Kidney Pill. All others are imitations.

The proprietors of Dodd's Kidney Pills and Dodd's Dyspepsia Tablets have done everything they can to protect the public from being imposed upon. The design of the boxes in which the genuine Dodd's Remedies are sold is protected by law, as is the name **D-O-D-D-'S.** A perfect picture of each box is on the back of this Almanac. The genuine Dodd's Kidney Pills and Dodd's Dyspepsia Tablets are never sold except in these boxes. Be sure of the name—**D-O-D-D-'S.**

Dodd's Kidney Pills cure. They relieve almost instantly, of course, but they do more. THEY CURE. Tens of thousands of grateful people in all parts of the world have testified and will testify to their complete cures by Dodd's Kidney Pills of the most severe and long standing cases of

Kidney Disease,
Pain in the back,
Pain in the loins,
Worn-out kidneys,
Urinary troubles,
Painful urination,
Scanty urine,
Blood in the urine,
Retention of urine,
Dribbling,
Too frequent urination,
Thick, sluggish urine,
Highly colored urine,
Involuntary or unconscious urination, especially by children at night,
Brick-dust sediment in urine,
Diabetes,
Puffiness under the eyes,
Bloating of the limbs,
Offensive urine,
Impure blood,
Malaria,
Chills,
Ague,
Boils, blotches, pimples,
Muddy or sallow complexion,
Effects of alcohol,
Bright's disease,
Gravel,
Stone in the bladder,
Dropsy,
Lumbago,
Bleeding of the kidneys,
Irritation of the bladder,
Inflammation of the baldder,
Catarrh of the bladder,
Ulcerated bladder,
Pain in the urethra,
Uric acid in the blood,
Loss of flesh,
Rheumatism,
Sciatica,
Nervous debility,
Sleeplessness,
Heart failure,
Palpitation,
Diseases of women.

Test.—Fill a bottle or glass with the first urine passed in the morning. Let it stand till the following day. If it then appears cloudy or stringy, or a sediment is formed, you may be sure your kidneys are diseased.

Dodd's Kidney Pills are not a "cure-all" in any other sense than that implied by their name. They cure the Kidneys. Every ailment named above is a direct result of diseased Kidneys. Dodd's Kidney Pills cure and restore the Kidneys, and all these disorders disappear. Cure the Kidneys and you remove the CAUSE of the disease. That's just what Dodd's Kidney Pills claim to do, and they do it.

How To Get Dodd's Remedies.

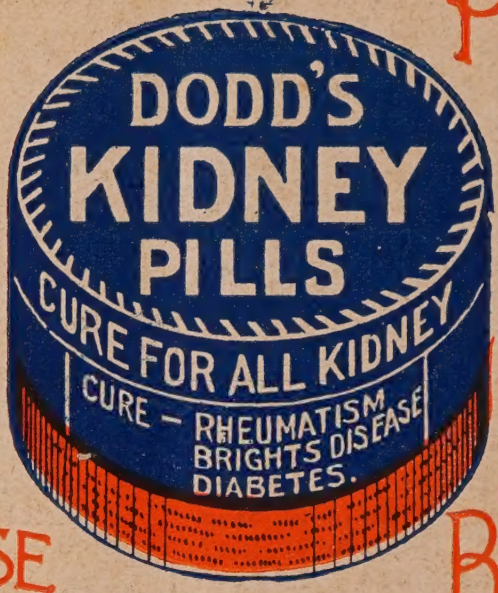
First, ask your local chemist for them. If he has not got them in stock, ask him how soon he can get them for you. As every wholesale dealer in Patent Medicines sells them, he can get them in two or three days if he wants to. If he says he can't, or won't, send your money direct to THE DODDS MEDICINE CO., 23, Farringdon Avenue, London, E.C. Be careful to write your name and address plainly, giving town and county. The medicine will be sent to you, post paid, the day your letter and remittance reaches us. But buy them from your local chemist if you can. The prices are:—

Dodd's Kidney Pills 2s. 9d. per box, six boxes for 13s. 9d.

Dodd's Dyspepsia Tablets 2s. 9d. per box, six boxes for 13s. 9d.

Our remedies are on sale at all Chemists and Drug Stores, but if you have any difficulty in obtaining them they will be sent direct, post free, on receipt of price by THE DODDS MEDICINE CO., 23, Farringdon Avenue, London, E.C.

SOLD ONLY IN BOXES LIKE THESE



PROTECTED BY LAW. NO IMITATOR DARE USE SIMILAR BOXES.

BUT YOUR BEST PROTECTION IS THE NAME

D-O-D-D'S

2/9 PER BOX. 6 BOXES FOR 13/9 OF ALL DEALERS
OR POST FREE ON RECEIPT OF PRICE.

Address, THE DODDS MEDICINE Co.,
23, FARRINGDON AVENUE, LONDON. E.C.